2011
2012

LAND STEWARDSHIP PROJECT

Stewardship Farm Directory

Keeping the land and people together

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Welcome to the Land Stewardship Project's 2011-12 Stewardship Farm Directory!
The Directory is a list of Land Stewardship Project members who sell food and other farm products directly to consumers or through local retailers.

What started out as a one-page list taped next to a fax machine has grown into a directory consisting of more than 230 family farms in the Upper Midwest.

All of the farms listed in the Directory are members of the Land Stewardship Project. Some of the farms are just getting started, others have been on the leading edge of sustainable agriculture for years, and others still are transitioning their farms to the next generation to continue their legacy of care for the people and the land.

LSP's farm, urban and rural members are building a sustainable food and farming system by getting more farmers started successfully and sustainably, improving access to healthy, local food, taking on factory farms and corporate consolidation in agriculture, and organizing for better policies to support family farms and stewardship of the land.

Making food choices that are based on our relationship to both people and the land, choices that are socially just and environmentally sound, is an important part of building a new food and farming system. The *Stewardship Farm Directory* is designed to help you find good food and farm products from farmers who are caring for the land.

Inside you'll find a wide array of meats, vegetables, dairy products and fruits grown throughout the Upper Midwest. You'll also find other farm products such as wool, flowers, landscaping plants, Christmas trees, and farm-stay retreats. This edition includes product and alphabetical indexes to help you find what you are looking for.

The famers listed here use many different innovative practices, and we encourage you to contact them to learn more about their farms.

If you have questions about this guide or would like to be listed in the next edition, please contact me.

Abby Liesch
Membership Associate

Take action for family farms and the environment. JOIN the Land Stewardship Project today!

All of the farms and retailers listed in this directory are members of the Land Stewardship Project. Join them in creating a food and farming system that cares for people and the land by becoming a member of the Land Stewardship Project today.

By educating the next generation of farmers, organizing to stop factory farms, winning passage of policies to protect the environment, or increasing peoples' access to healthy local food, Land Stewardship Project members are at the front of the sustainable agriculture movement.

Land Stewardship Project members come from farms, small towns and big cities across Minnesota and the upper Midwest. They are committed to creating an agriculture that is environmentally sound and socially just every step of the way – from the soil and water, to the farm worker and farmer, to the processor and retailer.

Yes, I want to support keeping the land and people together!

LAND STEWARDSHIP PROJECT

MONTHLY PLEDGES

❑ $100 ❑ $50 ❑ $30 ❑ $20 ❑ Other amount $_____Per month

Pledges greatly strengthen LSP's work by providing reliable income to advance stewardship while keeping costs down. As a pledger, your membership is always current. To pledge, choose an amount & fill out the payment information below. The minimum pledge is $10/month.

ONE–TIME DONATIONS

❑ $35 ❑ $60 ❑ $100 ❑ $500 ❑ $20 ❑ $_____

Membership dues and gifts of all sizes have an impact and are critical to LSP's success. Please enclose a check or fill out the payment information below and check the one time gift box.

Please make checks payable to the Land Stewardship Project. Questions? Call LSP at 612-722-6377
Please return to: The Land Stewardship Project, 821 East 35th Street, Suite 200, Minneapolis, MN 55407

Name _____

Address _____

_____

City/State/Zip _____

Phone _____

Email _____

Creating change from the ground up

Thank you for your contribution.

Your donation is tax deductible.

Pledge to the Land Stewardship Project

*Start my pledge on*_____*(MM/DD/YY)*

❑ *Withdraw $*_____ *monthly*

___*Checking account (attach a voided check)*

___*Savings account (attach a savings deposit slip)*

❑ *Charge $*_____ *monthly:* ❑ Visa ❑ MC ❑ Discover

__ __ __ __•__ __ __ __•__ __ __ __•__ __ __ __ _____

Card Number Exp. date

Signature _____

I authorize LSP and Vanco Services to process credit card transactions or debit entries from my account. I understand I am free to discontinue my gift at any time by contacting LSP. A fee may be charged in the case of insufficient funds.

Donate to the Land Stewardship Project (One-time gift)

❑ *Please accept my donation (check enclosed) or use the information provided above to make a one-time gift.*

612.722.6377 • www.landstewardshipproject.org

Definitions & abbreviations

CSA: Community Supported Agriculture – Consumers buy a share in a farm, typically at the beginning of the growing season, and receive regular deliveries of food, usually produce from the farm throughout the season.

GRASS-BASED LIVESTOCK PRODUCTION: A large part of an animal's nuturional needs are met through grass, in particular via managed rotational grazing systems that rotate livestock through numerous paddocks, spreading manure in a biologically sound manner.

MOSA: Midwest Organic Services Association • www.mosaorganic.org

OGBA: Organic Growers and Buyers Association

OCIA: Organic Crop Improvement Association • www.ocia.org

OCIA/NOP: Organic Crop Improvement Association/ National Organic Program

AJP: Agricultural Justice Project • www.agriculturaljusticeproject.org

COI: Certified Organic, Inc. • www.certifiedorginc.org

NICS: Nature's International Certification Services • www.naturesinternational.com

USDA: United States Department of Agriculture • www.usda.gov

FBO-ICS: Food Business Operators

OTCO: Oregon Tilth Certified Organic • www.tilth.org

LSP OFFICES

LEWISTON
180 East Main Street
PO Box 130
Lewiston, MN 55952
Phone (507) 523-3366

MINNEAPOLIS
821 East 35th Street, Suite 200
Minneapolis, MN 55407
Phone (612) 722-6377

MONTEVIDEO
301 State Road, Suite 2
Montevideo, MN 56265
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NORTH CENTRAL & NORTHEAST IOWA

GRASS RUN FARM

Ryan & Kristine Jepsen
2712 Hoover Dr.
Dorchester, IA 52140-7595
Phone: 563-492-3400 or 507-498-3400
Toll free: 888-738-3033
E-mail: sales@grassrunfarm.com
Website: www.grassrunfarm.com

Wholesale, retail and CSA products for institutions, grocers, restaurants and individuals. 100% grass-fed beef, all-natural grainfed beef, and "fresh air" pork. Grass-based, antibiotic free, hormone free, USDA grass-fed standards.

Products available by:
Warehouse pick-up at 111 S. Division Ave. Spring Grove, MN 55974
Delivery: Weekly routes serving Minneapolis, Iowa and Western Wisconsin
CSA pick-up sites in Minneapolis, Iowa City, Cedar Falls, Ames, Decorah, Spring Grove—see www.grassrunfarm.com/csa. Also available at several co-ops throughout Minnesota and Iowa—see www.grassrunfarm.com

KITCHEN TABLE MINISTRIES

Jeff & Mary Klauke Abbas
511 Bear Creek Dr.
Dorchester, IA 52140-7505
Phone: 563-568-3829
E-mail: staff@kitchentablewebs.com
Website: www.kitchentablewebs.com

CSA memberships, variety of fruits and vegetables, lamb and wool products, and beef. Grass-fed and chemical free.

Products available by:
On-farm pick-up (by appointment), pick-up sites in Monona, Postville and Waukon, also available at Oneota Co-op through GROWN Locally

JASON KLINGE

19769 Highway 13
Farmersburg, IA 52047
Phone: 563-783-2456

Free range broilers — grass-based, certified organic antibiotic-free.

Products available by:
On-farm pick-up after July 1, 2011

ONE STEP AT A TIME GARDENS

Jan Libbey & Tim Landgraf
1465 120th St.
Kanawha, IA 50447-8060
Phone: 641-495-6367
E-mail: libland@peconet.net
Website: www.ostgardens.com

CSA produce operation, market garden, pastured poultry raised without feed antibiotics, chemical-free.
Interns or volunteers welcome.
Find One Step at a Time Gardens on Facebook and our blog at blog.ostgardens.com

Products available by:
CSA: North central Iowa, Des Moines and West Des Moines, North Iowa Farmers' Market, Mason City.

PATCHWORK GREEN COMMUNITY FARM

Erik Sessions & Sara Peterson
3031 Middle Hesper Rd.
Decorah, IA 52101-7469
Phone: 563-387-0837
E-mail: eriksessions@earthlink.net
Website: patchworkgreen.com

5-acre vegetable and herb gardens, CSA shares available, chemical free.
Interns or volunteers welcome.

Products available by:
CSA drop-off in Decorah and Winneshiek Farmers' Market, area farmers' markets, Oneota Food Co-op, and Decorah area restaurants

PRAIRIE QUEST FARM

Dan Specht
12082 Iris Ave.
McGregor, IA 52157-8680
Phone: 563-873-3873
E-mail: danspech@neitel.net

Organic, grass-fed beef. Halves or 1/2 of halves picked up at Edgewood Locker, Edgewood IA. Also, organic, open pollinated seed corn, bred for high nutrient density and yield, and OP sweet corn and pop corn, will be available for spring 2012. Certified organic by MOSA.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, or pick-up at Edgewood locker.

CENTRAL MINNESOTA

BAKER'S ACRES

Dave & Karen Baker
5301 County Road 5 NW
Isanti, MN 55040-5825
Phone: 763-444-4383
E-mail: dkbakeracres@usfamily.net
Website: www.isantibakersacres.com

We have pastured chickens, grass-fed beef and organic pork. We have corn, oat/peas, and hay that we raise and is mostly used on our farm. We're an organic farm since 2005. We certify the pork also. We pasture the chickens and beef.

Products available by:
On-farm pick-up (chickens), delivery (1st stop - Milaca customers), pick-up at Isanti Custom Meats

BAR J RANCH

John & JoAnne Reed
30217 110th Ave.
Brooten, MN 56316-4614
Phone: 320-346-2750
E-mail: barj@tds.net
Website: www.barjranch.com

Angus Gourmet Beef: side, quarters, grillpacks, ground beef. Natural fed, no hormone implants used.

Products availble by:
On-farm pick-up and delivery

ELLER FAMILY FARM

Barbara Eller
12722 350th St.
Onamia, MN 56359-3208
Phone: 281-839-4489 or 1-800-323-1361
E-mail: ellerb@hughes.net
Website: www.ellerfarm.com

Grass-fed beef, free-range chicken and pastured pork available for custom processing. Reserve early in the year to ensure availability. Select USDA/MN Inspected meats available by cut/package. Free-range eggs/winter cage-free eggs with added flax. Farming practices include: Conservation Plan and Forest Stewardship Plan in place, organic grains for pigs and chickens, no subtherapeutic antibiotics or hormones used, grass-based livestock, free-range poultry, grazing.

Products available by:
On-farm pick-up (by appointment), Delivery within 5 miles of farm, farmers' markets: Onamia Area Farmers' Market, Fridays 3pm-7 pm, May 13-mid October. Also: Mille Lacs Area Food Co-op, Isle, MN

THE FARM ON ST. MATHIAS

Robert & Arlene Jones
PO Box 462
7579 St. Mathias Road
Brainerd, MN 56401
Phone: 218-822-3281 or 888-404-5009
E-mail: stmathiasfarm@gmail.com
Website: www.thefarmonstmathias.com

CSA, vegetables, herbs and apples. On-site store. Farm to school. Fall festivities include a corn maze and pumpkin patch. We host numerous school groups, daycare gatherings, social organizations and more. Sustainable farming practices used.
Interns and volunteers welcome.
Find The Farm on St. Mathias on Facebook

Products available by:
On-farm pick-up; Brainerd area CSA

HEARTSEASE FARM, LLC

Dennis & Karen Ingle
83105 425th St.
Bird Island, MN 55310-3022
Phone: 320-583-7987
E-mail: inglefam@hcctel.net
Website: www.heartseasefarm.com

Raspberries, asparagus, broilers. A small family farm dedicated to whole food, local food, real food.

Products available by:
On-farm pick-up (chickens by reservation), roadside stand in Bird Island on Hwy. 212

HOMEPLACE BEEF ORGANIC FARM

Marvin & Laura Bihl
14316 Endicott Ave. NW
Clearwater, MN 55320-6119
Phone: 320-558-6392

Grass-fed beef. Cattle are fed homegrown hay and free range rotated pasture. All cattle are born on Homeplace Farm—no outside cattle purchases. Raised in a healthy stress free sunny environment; organic since 1972. Beef available in quarters and halves, cut, wrapped and sharp frozen at a local locker.

Products available by:
Pick-up at local locker

HOOPERS' CHRISTMAS TREE RANCH

John & Becky Hooper
15813 Christmas Tree Road
Cold Spring, MN 56320
Phone: 320-685-4489 or 320-266-8090
E-mail: yak-man@yak-man.com
Website: www.yak-man.com

Sustainably raised yak meat (grass-fed with no hormones or antibiotics in the feed), yak fiber (yarn, roving and raw fiber), yak skulls, composted yak manure, and yak breeding stock. Certified by USDA.
Interns or volunteers welcome.

Products available by:
On-farm pick-up; farmers' markets in St. Cloud (Saturdays 8 am-noon at Bremer Bank) and in Lake George (Wednesdays 5pm-9pm).

LACEY "J" RANCH

Jim Lacey
29837 152nd St. NW
Zimmerman, MN 55398
Phone: 763-389-5363
E-mail: laceyjranch@gmail.com
Website: www.laceyjranch.com

CSA runs 18 weeks June through October; over 120 varieties of vegetables available. Fruit is included as part of vegetable share, fruits included in share are: strawberries, blueberries and 14 varieties of apples. Twenty varieties of sourdough breads and free range chicken eggs are available as add ons to vegetable share.

We raise sweet corn, melons, root crops, cole crops, onions, peas, green beans, tomatoes, cucumbers, eggplants, lettuce, peppers, potatoes, pumpkins, summer squash, winter squash, ornamental corn, squash and gourds. Call or visit website for more details. Farming practices include natural, sustainable and integrated pest management, free range chicken eggs.
Interns or volunteers welcome.

Products available by CSA or farmers' markets:
Princeton: Saturday 8:30am-noon
Zimmerman: Tuesday 3-6:30pm
Champlin: Wednesday 9am-1pm
Rogers: Wednesday 3-6:30pm
Monticello: Thursday 3:30-7pm
Ramsey: Thursday 3-6:30pm

NITTY GRITTY DIRT FARM

Robin Raudabaugh & Virginia Nauer
10386 Sunrise Road
PO Box 235
Harris, MN 55032-0102
Phone: 651-226-1186 or 651-216-9012
E-mail: nittygrittydirtfarm@gmail.com
Website: www.nittygrittydirtfarm.blogspot.com

CSA; Over 100 varieties of fruits and vegetables; lamb, poultry, pork, egg and artisan bread shares. Farming practices include managed rotational grazing.
Interns or volunteers welcome.

Products available by: CSA; east central Minnesota and Twin Cities metro

PRAIRIE DRIFTER FARM

Nick & Joan Olson
61369 223rd St.
Litchfield, MN 55355
Phone: 320-693-5502
E-mail: prairiedrifterfarm@gmail.com
Website: prairiedrifterfarm.wordpress.com

Prairie Drifter Farm is a diversified, chemical-free vegetable farm serving the communities of Litchfield and St. Cloud through a Community Supported Agriculture (CSA) operation and grocery store sales. The farm is located on the edge of the diverse prairie region of west central Minnesota. In 2011, we will be offering full and half CSA shares from June through October. We are in the process of transitioning our land to be certified organic.

RURALIFE FARM FJORDS

John & Beverly Sluss
48270 260th St.
PO Box 475
Brooten, MN 56318-0475
Phone: 320-346-2538
E-mail: jsluss@tds.net

Norwegian Fjord Horses. Small farm size work/pleasure horses. Traditional garden veggies. Chicken and eggs. Grass-based, non-certified organic.
Interns or volunteers welcome.

Products available by: On-farm pick-up, Brooten Farmers Market, Brooten MN

KURT SCHULZ

9656 160th St.
Glencoe, MN 55336-7604
Phone: 320-864-5292

Grass-fed beef and dairy, with plans to diversify into pork, eggs and poultry.

Products available by:
On-farm pick-up, products also available at the processor at time of harvesting.

SEVEN PINES FARM & FENCE

Kent & Linda Solberg
18618 County Road 23
Verndale, MN 56481
Phone: 218-445-7580
Fax: 218-445-7580

Pasture raised pork and eggs in concert with our grass-based dairy. Pork sold by half or whole. Feeder pigs available in limited number. Hens and hogs are not fed GMO grains. Farm tours available. Also, energized fence supplies and treated wood posts.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, pick-up sites in Brainerd, Menagha, Wadena and Crow Wing Food Co-op in Brainerd

SILVER SHADE DAIRY

Nolan Lenzen
63117 120th St.
Eagle Bend, MN 56446-1135
Phone: 218-251-6664

Organic dairy. Grass-based, certified organic, seasonal calving.

SLEEPING CAT ORGANIC FARM, LLC

Mindy & Arthur Desens
66683 288th St.
Litchfield, MN 55355-4800
Phone: 320-693-8449 or 952-905-0383
E-mail: luckymin@hutchtel.net
Website: www.sleepingcatorganicfarm.com

Grass-fed beef, pasture-raised lamb, free-range roasters, free-range certified organic eggs. No subtherapeutic antibiotics used; grass-based livestock production, free range poultry. Certified by OCIA/NOP

Products available by:
Minneapolis Farmers' Market on Lyndale, Saturdays April-December; see our website for our winter schedule and to sign up for special notifications.

SNOWY PINES

Greg Nolan & Marcia Rapatz
33334 321st Ave.
Browerville, MN 56438-4919
Phone: 320-594-6317 or 320-333-4056
E-mail: gregandmarcia@snowypines.net

Sustainably managed forest products. Installed wood floors, installed wood paneling, installed wood siding, installed wood trim. Oak, ash, maple, white pine, red pine, basswood and birch. In-season vegetables: tomatoes, peppers, onions, garlic, carrots, lettuce and salad mix, broccoli, cabbage, cauliflower, squash and pumpkins. No pesticides, herbicides or chemical fertilizers. Certified Tree Farm. Interns or volunteers welcome.

Products available by:
On-farm pick-up, delivery, Baxter Farmers' Market and Little Falls Farmers' Market

THREE WILLOWS FARM/VERT CSA

Corey Klehr & Karen Schwinghammer, Nashana Reding-Tuomi
1570 Eckert Ave. SE
Buffalo, MN 55313-4718
Phone: 507-766-0014
E-mail: schwing@localnet.com

Cuts of beef and pork; whole and cut up chickens, eggs, pasturized, bottled milk, hams and sausages done without nitrates or MSG, also bacon; garden fresh vegetables. Pasture-raised meats, no antibiotics, hormones, only non-GMO/organic feeds.

Products available by:
On-farm pick-up, farmers' markets in Monticello, Maple Grove and Highland Park; pick-up available during the winter at Maple Grove and Highland Park market sites.

NORTHEASTERN MINNESOTA

FINKES BERRY FARM

Diane & Doug Finke
2331 County Road 4
Carlton, MN 55718-8147
Phone: 218-384-4432
Website: www.finkesberryfarm.com

Strawberries, pick-your-own and picked-by-order, raised without pesticides and without petroleum-based fertilizers.
Find Finkes Berry Farm on Facebook

Products available by:
On-farm pick-up

FOOD FARM

John, Jane & Janaki Fisher-Merritt
2612 County Rd. 1
Wrenshall, MN 55797
Phone: 218-384-3356
E-mail: foodfarm@usfamily.net

Full range of vegetables, chickens, turkeys and eggs. Certified organic by MOSA.
Interns or volunteers welcome.

Products available by:
Whole Foods Co-op, Duluth; CSA deliveries weekly mid June-mid October, and winter deliveries mid November-mid March

NORTHERN HARVEST FARM

Rick & Karola Dalen
2572 County Road 102
Wrenshall, MN 55797
Phone: 218-384-9779
E-mail: northernharvestfarm@yahoo.com
Website: www.northernharvestfarm.com

Certified organic vegetable and flower CSA shares and wholesale produce. Certified organic by MOSA.
Interns or volunteers welcome.

Products available by:
CSA, co-ops and other retail stores, Lake Superior Sustainable Farming Association Harvest Festival, farmers' market, and Whole Foods Co-op in Duluth

SHARY'S BERRIES

Shary Zoff
1651 Two Harbors Rd.
Two Harbors, MN 55616-8013
Phone: 218-834-5221

PYO or prepicked blueberries; products available in August. Certified by O-OCIA

SPICA B+J FARM

Brad Jones & Laurie Benge
20065 County Road 12
Bovey, MN 55709-8285
Phone: 218-247-3148
E-mail: spicabplusj@2z.net

CSA, wheat, rye and beef. Farming practices include grass-based livestock and no subtherapeutic antibiotics or pesticides used.

Products available by:
CSA with on-farm pick-up

NORTHWESTERN MINNESOTA

HIGH ELM FARM

Paul Stolen & Debbie Amazi
37603 370th Ave. SE
Fosston, MN 56542-9361
Phone: 218-435-1138

Alfalfa/grass hay. In process of obtaining organic certification.

Products available by:
On-farm pick-up

LIDA FARM

Ryan Pesch
44593 275th Ave.
Pelican Rapids, MN 56572
Phone: 218-342-2619
E-mail: Lidafarmer@gmail.com
Website: www.lidafarm.com

Lida Farm is a small, diversified vegetable farm located in northern Otter Tail County in the heart of Minnesota's Lake District. Now in our 6th CSA season, we concentrate on staples likes tomatoes and sweet corn, but also sprinkle in specialties like heirlooms and Asian greens throughout the season. As a family with small children, we pay close attention to the health of our soils and ourselves, never utilizing chemical fertilizers or pesticides. Our CSA season runs for 16 weeks from mid-June to mid-October, and we offer both full every-week shares and every-other-week shares. Besides produce, members can also arrange for Organic Valley dairy products from the world's smallest dairy route, and purchase whole chickens we raise on pasture.

We deliver directly to your home or business in our local area between Pelican Rapids and Detroit Lakes on Friday afternoons.

NORTHCROFT

Joan & Dave Ellison
20740 410th St.
Pelican Rapids, MN 56572-7439
Phone: 218-863-5904
E-mail: dellison@loretel.net
Website: www.northcroftwool.com

Fleeces, carded batts and roving, yarn, freezer lamb. Farming practices include grass-based livestock, no subtherapeutic antibiotics.

Products available by:
Freezer lamb available for pick up in Frazee or Audubon, Minn.; fiber products shipped

NORTHERN LIGHT FARM

Paul Conklin & Rebecca Marty
2048 Agate Ln. NW
Solway, MN 56678
Phone: 218-467-3584
E-mail: martonklin@alumni.duke.edu

Extracted honey, comb honey, bee pollen, beeswax, CSA vegetables (grown with chemical-free practices but not certified organic) brown and green free range eggs, grass-fed Highland beef by quarter, beef and sausage by the pound.
Interns or volunteers welcome.

Products available by:
On- farm pick-up; delivery to Bemidji area; Harmony Co-op

SWEET M'S FARM

Shannon Malzahn
21134 County Hwy. 47
Osage, MN 56570-9533
Phone: 612-396-1647
E-mail: sweetmsfarm@gmail.com
Website: www.sweetMsfarm.com

We are a fun, family-run farm committed to providing high-quality meat and eggs in ways that support sustainable farming practices and the local economy. Our animals are humanely raised outdoors and eat organic grains, grass and produce. The animals that supply meat to our customers are never given hormones or antibiotics. Our products are minimally processed, nitrate-free, MSG-free and gluten-free, and utilize organic ingredients whenever feasible. We have fantastic traditional offerings such as our succulent pork chops and steaks, bacon and hams, in addition to unique and innovative products. Our CSA shares are flexible so they meet almost any household size and needs. You can even give us a list of your preferences so you are guaranteed satisfaction with your share every month! Choose from pasture-raised pork, free-range chicken, or grass-fed beef and/or a combination of two or more. One meat share equals 10 pounds of meat per month, but half shares and mixed shares are also available. Egg shares equal two dozen eggs per month. Additional meat can be purchased for delivery with your share; especially helpful around the holiday season for gift-giving and holiday meals.

We make bi-weekly home deliveries March-December to the Twin Cities, St. Cloud, Park Rapids and Fargo-Moorhead. Join any time of the year. Yearly fees can be paid in full or split into two or four payments. We accept cash, checks and credit cards via Paypal.
Find Sweet M's on Facebook.

Products available by:
On-farm pick-up, delivery option, CSA, Monticello Farmers' Market, New Hope Farmers' Market, Local Market in Park Rapids

SOUTH CENTRAL MINNESOTA

ANGEL NATURAL FARM

Dan & Pat Piker
20365 210th St.
Hutchinson, MN 55350
Phone: 320-587-8565 or 320-282-8000
E-mail: angelnaturalfarm@gmail.com
Website: www.angelnaturalfarm.com

Vegetables, fruit and a pumpkin patch. Working on organic certification in 2011. Find Angel Natural Farm on Facebook.

Products available by:
On-farm pick-up: open most weekends and CSA shares, and Hutchinson Farmer's Market

BASTYR'S FARM

Gerald & Shirley Bastyr
1451 E 240th St.
Jordan, MN 55352
Phone: 952-492-6012
Cell Phone: 952-564-4378

Black Angus beef cattle; grass-based, certified organic.

Products available by:
On-farm pick-up and delivery.

DELABLU FARM

Kelly Firkins & Pawel Buda
15648 415th Ave.
Delavan, MN 56023
Phone: 715-896-5629
E-mail: contact@delablufarm.com
Website: www.delablufarm.com

Vegetables, fruit and herbs; CSA. Seeking organic certification in 2011.
Find DelaBlu Farm on Facebook.

Products available by:
On-farm pick-up (please call ahead), CSA pick-up sites in Blue Earth and Mankato, Mankato area farmers' market, Rainbow Foods Co-op in Blue Earth, Amboy Cottage Cafe in Amboy, MN.

GREGOR'S ORCHARD

Margaret & Gene Gregor
16971 Snake Trail Rd.
Waseca, MN 56093-4310
Phone: 507-835-5525
E-mail: mnggregor@gmail.com

Certified organic apples

Products available by:
St. Peter Co-op, Waseca Farmer's Market, Good Food Co-op in Rochester; on-site retail outlet during season (late August-late November)

HERMANSON'S HARVEST

Don & Rhonda Hermanson
44893 County Road 15
Nicollet, MN 56074-4245
Phone: 507-246-5335
E-mail: drhermy@gmail.com

Tomatoes, cucumbers, peppers, cabbage, onions, herbs, beets, squash, chicken. No subtherapeutic antibiotics used.

Products available by:
Farmers' markets in St. Peter, Gaylord, LeSueur

LOON ORGANICS

Laura Frerichs & Adam Cullip
23229 200th St.
Hutchinson, MN 55350
Phone: 320-587-0140
E-mail: loonorganics@hotmail.com
Website: loonorganics.com

Certified organic produce, herbs and flowers; CSA. Certified by MOSA.
Find Loon Organics on Facebook.

Products available by:
On-farm pick-up, Mill City Farmers' Market, Harvest Moon Co-op, pick-up sites in Chanhassen, Minneapolis and Long Lake

MEADOW VIEW FARM

LaVonne & Mel Craig
53971 Dakota Ln.
Mankato, MN 56003-4117
Phone: 507-625-6190

Grass-fed shorthorn beef cattle available in quarters, halves and wholes.

Products available by:
George's City Meats, 430 3rd St., Nicollet MN 56074; 507-232-3502

NETTLE WOOD

Katharine Plowman
1204 Oakwood Lane NW
Hutchinson, MN 55350
Phone: 320-583-5029
E-mail: nettlewoodorganics@gmail.com
Website: nettlewoodorganics.wordpress.com

Organic specialty vegetables, fruits, herbs and medicinals. Seasonal cut flower bouquets, woody florals and spring transplants for garden. Many varieties not often found anywhere else. Organic certification coming in 2012.

Products available via direct contact through phone or e-mail.

OAK KNOLL ANGORAS

Maria Lindberg
1200 Oak Knoll Dr.
Blue Earth, MN 56013-1426
Phone: 507-526-5227
E-mail: cottagec@hickorytech.net
Website: acornstudio.net

French angora rabbits—hand spun angora and angora-blend yarns and products (mittens, hats, toe warmers, etc.) and hand felted insoles. Also angora catnip cat toys. Sustainable—as naturally as reasonable.

Products available by:
On-farm pick-up, delivery; Acorn Studio, Amboy, Minn.; Rainbow Food Co-op; Blue Earth; Faribault County Fair-General Store; historical area.

PIG IN THE PATCH PORK

Tim Nuessmeier
34895 277 Lane
Le Sueur, MN 56058
Phone: 507-931-2656
Cell Phone: 507-995-3540
E-mail: piginthepatch@hotmail.com
Website:
www.piginthepatch.com/pigpatch.html

Pork available by whole, half or quarter. Organic grains and hay. Pork is naturally and humanely-raised. Pigs have access to straw bedding, outdoor yards and also some pasture. Direct market pigs are antibiotic free. We are open to inquiries regarding volunteering or internships.

Products available by:
Pick-up at Odenthal Meats of New Prague, our state-certified and inspected, cooperating processor.

PRAIRIE HARVEST FARM

Amy Holmgren
78513 340th St.
Ellendale, MN 56026
Phone: 507-402-9507
E-mail: prairieharvestfarm@gmail.com
Website: http://prairieharvestfarm.blogspot.com

CSA; large assortment of primarily heirloom vegetables, melons, herbs and flowers. Raw honey available in the fall. Sustainably grown without the use of herbicides, pesticides or synthetic fertilizers.
Find Prairie Harvest Farm on Facebook.

Products available by:
On-farm CSA pick-up, CSA drop sites in Albert Lea, Owatonna and Waseca, Albert Lea Farmers' Market Wednesdays 4 pm-6 pm and Saturdays 9 am-noon. Also Farm2School and Assisted Living Communities.

SCHWERMANN FAMILY FARMS

Jeff Schwermann
40511 581st Ave.
New Ulm, MN 56073-4311
Phone: 507-359-4567
Cell Phone: 612-581-6871
E-mail: jeffschwermanninc@msn.com

Grass-fed beef, Niman Ranch pork (some scratch and dent pigs for sale), free-range chickens by contract.

Products available by:
On-farm pick-up, delivery (fee), and pick-up sites in the Twin Cities, Mankato and Hutchinson

TACHENY FAMILY FARM

Steven Tacheny
20301 State Hwy. 83
Mankato, MN 56001
Phone: 651-291-8808
E-mail: steventacheny3@gmail.com

Vegetables, strawberries, raspberries. Chemical free. Volunteers welcome.

Products available by:
Delivery

STRAIGHT RIVER FARM

Bill Hein
3733 220th St. E.
Faribault, MN 55021-8127
Phone: 507-334-2226
E-mail: straightriverfarm@yahoo.com
Website: www.straightriverfarm.com

Strawberries, raspberries, tomatoes, sweet corn, melons, shiitake mushrooms, apples and peas using integrated pest management. Interns or volunteers welcome.

Products available by:
On-farm pick-up (open daily 3:30 pm-6:30 pm, except holidays), farmers' markets in St. Paul, Midtown, Savage, St. Anthony, Roseville, Lakeville, Burnsville (Thursdays), Signal Hills, St. Thomas More, Apple Valley (Saturdays); pick-your-own strawberries and raspberries

SUNSHINE HARVEST FARM

Mike & Brandon Braucher
2230 35th Street West
Webster, MN 55088
Phone: 952-652-1911
E-mail: sunshineharvestfarm@hotmail.com
Website: www.sunshineharvestfarm.com

100% grass-fed beef, lamb, free-range chicken and eggs; pork and meat CSA. Antibiotic and chemical free, non GMO. Minnesota Grown.
Find SunShine Harvest Farm on Facebook.

Products available by:
On-farm pick-up; delivery; pick-up sites in Eagan, Roseville, Minneapolis, Plymouth, Deephaven; Mill City Farmers' Market & Kingsfield Farmers' Market; Just Food, Northfield; Spoonriver Restaurant and Purple Sandpiper Restaurant

THE FARM OF MINNESOTA

Dan Moe
24618 State Hwy. 15 N.
Hutchinson, MN 55350
Phone: 320-296-9585
E-mail: dan@thefarmofmn.com
Website: thefarmofmn.com

Fresh vegetables, eggs, meat chickens, strawberries and raspberries. Transitioning to organic.
Find The Farm of Minnesota on Facebook.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, delivery available, Mound Farmers' Market, CSA shares for growing season.

THE LAMB SHOPPE

Connie Karstens & Doug Rathke
61231 MN Hwy. 7
Hutchinson, MN 55305
Phone: 320-587-6094
E-mail: lambshop@hutchtel.net
Website: www.ourfarmtoyou.com and www.healthbyconnie.com

100% grassfed lamb and beef, chickens, eggs, turkeys; seasonal garden produce, coconut oil products, Celtic sea salt, specialty culinary herbs and seasonings, raw honey, maple syrup and other healthy sweeteners, organic nuts, seeds and grains; organic herbal teas, fermented foods/live culture foods, herbal tinctures. Grass-based, free-range and antibiotic free.
Find The Lamb Shoppe on Facebook.
Interns or volunteers welcome.

Products available by:
Farm retail store on-site; Twin Cities delivery Thursday mornings; The Wedge Co-op; Spoonriver, Cafe Barbette, Haute Dish, Red Stag Supper Club in Minneapolis; Zellas in Hutchinson; CSA pick-up at The Lamb Shoppe; Minn. State Fair Food Building.

THORN CREST FARM

Maureen & Gary Vosejpka
11885 Cabot Ave.
Dundas, MN 55019
Phone: 507-645-4182
E-mail: info@thorncrestfarm.com
Website: www.thorncrestfarm.com

Fresh vegetables, berries, fruit, herbs, cut flowers grown without the use of synthetic pesticides, herbicides and fungicides.
Interns or volunteers welcome.

Products available by:
CSA membership with on-farm pick-up; Just Food Co-op drop-site

YORK FARM

Irene Genelin & Andy Cotter
21161 York Rd.
Hutchinson, MN 55350
Phone: 612-968-6498
E-mail: ireneandandy@gmail.com
Website: www.YorkFarmMN.com

Fruits, vegetables, flowers and herbs; CSA. In the organic certification transition process. We will be certified in 2013 by MOSA.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, CSA

SOUTHEASTERN MINNESOTA

BIG VALLEY RANCH, INC. RIDING ACADEMY

Gayle Goetzman
22076 E. Burns Valley Rd.
Winona, MN 55987-9639
Phone: 507-454-3305
Website: www.bigvalleyranch.winona/mn.us

Scenic horseback riding and stabling. Natural compost for fertilizer available.

Products available by:
On-farm pick-up (free for the loading and hauling)

BIG WOODS FARM

David & Laurie Hougen-Eitzman
10752 Nerstrand Blvd.
Nerstrand, MN 55053-2715
Phone: 507-334-3335
E-mail: farmers@bigwoodsfarmcsa.com

CSA produce. Midsummer garlic and summer vegetable cookout; fall pumpkin and winter squash harvest & potluck. Offer u-pick flowers and cherry tomatoes. Honey available for purchase.
Interns or volunteers welcome.

BRAMBLE HILL

Diane Crane & Bets Reedy
21727 Randall Dr.
Houston, MN 55943
Phone: 507-864-7585
E-mail: bramble@acegroup.cc
Website: www.bramblehillcluns.com

Lamb — grass-fed until winter. Breeding stock, custom cut lamb for freezer, certified organic hay, and very limited grass-fed beef. No antibiotics, no growth hormones. No pesticides or herbicides used on the farm.

Products available by:
On-farm pick-up, delivery with small fee

CALLISTER FARM

Lori & Alan Callister
52237 170th Ave.
West Concord, MN 55985-4696
Phone: 507-527-8521
E-mail: callisterfarm@gmail.com
Website: www.callisterfarm.com

Turkeys: standard and Bourbon Red. Chickens: Cornish cross and Minnesota's Poulet Rouge, and eggs. Free-range and antibiotic free.
Find Callister Farm on Facebook.

Products available by:
On-farm pick-up Monday-Wednesday afternoons until 6 pm; delivery, St. Paul Downtown farmers' market, Seward Co-op, Just Food Co-op, Mississippi Market on Selby, Rochester Good Food Store, Ferndale Market in Cannon Falls, Guse Green Grocer in Minneapolis

CARPENTER NATURE CENTER

John McPherson
12805 Saint Croix Trl. S.
Hastings, MN 55033-9499
Phone: 651-437-4359
E-mail: john@carpenternaturecenter.org
Website: www.carpenternaturecenter.org

Apples, fall raspberries, pumpkins, squash, honey, maple syrup. Farming practices include intensive integrated pest management.
Interns or volunteers welcome.

Products available by:
On-farm pick-up

DANCING WINDS FARMSTAY RETREAT

Mairi Doerr
6863 County 12 Blvd.
Kenyon, MN 55946-4125
Phone: 507-789-6606
Cell Phone: 507-250-2144
E-mail: dancingwinds@frontiernet.net
Website: www.dancingwinds.com

Pasture-raised chevon (goat meat): whole and cuts. African Boer breeding stock. Farmstay accomodations. Educational tours, cheese-making demos, nature trails and 60-foot labyrinth. Energetic healing (Reiki) and massage available on-site. Bonfires upon request. Farming practices include rotational grazing, grass-based livestock, no subtherapeutic antibiotics or growth hormones; native grass and forage restoration (CSP).
Interns or volunteers welcome.

Products available by:
On-farm pick-up, or delivered to nearest meat processor.

DANGER LAMB FARM

Chad & Elizabeth Oness
15707 Paradise Dr.
Houston, MN 55943
Phone: 507-896-4360
E-mail: eoness@winona.edu

Lamb and eggs.
Interns or volunteers welcome.

Products available by:
On-farm pick-up.

DREAMACRES/TILLERS INTERNATIONAL/FLOURISH SUMMER CAMP

Eva Barr & Todd Juzwiak
17289 County 8
Wykoff, MN 55990-9772
Phone: 507-352-4255
E-mail: dreamacresfarm@gmail.com
Website: www.dreamacresfarm.org;
www.dreameryruralartsinitiative.org;
www.flourishsummercamp.org;
www.tillersinternational.org

Organic vegetables, CSA, farming/rural skills workshops (Tillers International), Arts and Agriculture Summer Camp (Flourish). Friday night wood-fired pizzas, on-farm performance series, Onion Fest Aug. 20 (food and fun). Certifiably organic off-the-grid.
Interns or volunteers welcome.

Products available by:
CSA pick-up in Spring Valley, Rochester, Wykoff; also Good Food Store, Wykoff Grocery.

EARTH BE GLAD FARM

Mike & Jennifer Rupprecht
18828 Cty. Rd. 20
Lewiston, MN 55952-9622
Phone: 507-523-2564
E-mail: ebgfarm@ridge-runner.com

100% Grass-fed beef, free-range organic chickens, eggs, flowers. We also offer pasture walks and tours. Certified organic by MOSA since 2001; feed crops also grown. Farming practices include: Grass-based farm selling beef direct to customers for over 25 years, offering both custom-processed and retail cuts. Chickens fed our homegrown organic feeds. No synthetic hormones or antibiotic feeds.
Interns or volunteers welcome.
Find Earth Be Glad on Facebook.

Products available by:
On-farm pick-up, Winona Farmers' Market, Winona-Bluff Country Co-op, Rochester-Good Food Store, Winona/Rochester area restaurants, local delivery

EARTH DANCE FARM

Norm Gross & Laurie Nelsen
27842 141st Ave.
Spring Valley, MN 55975-3308
Phone: 507-378-4252
E-mail: info@earthdancefarm.net
Website: www.earthdancefarm.net

Raspberries, strawberries, herbs, vegetables, apples, plums, eggs, CSA. Free-range, antibiotic free. No chemicals are used in our farming practices.
Interns or Volunteers welcome.
Find Earth Dance Farm on Facebook.

Products available by:
On-farm pick-up; pick-up sites in Rochester and the Twin Cities

EARTHEN PATH ORGANIC FARM & OAK CENTER GENERAL STORE

Steven Schwen
67011 Highway 63
Lake City, MN 55041-9312
Phone: 507-753-2080
E-mail: earthenpath@riverland.org or oakcenter@riverland.org
Website: www.oakcentergeneralstore.com

We grow hundreds of varieties of herbs, vegetables, berries, fruits, forest mushrooms, poultry, eggs; occasional lamb, goats, beef and milk. The store carries organic and Fair Trade foods, many of which are locally produced. Chemical free.
Interns or volunteers welcome.

Products available by:
On-farm pick-up (by pre-order), Rochester Downtown Farmer's Market, Just Food in Northfield, Seward Co-op and Eastside Co-op in Minneapolis, Hampden Park Co-op in St. Paul, The Birchwood Cafe (Minneapolis), Rabbit's Bakery and Nosh in Lake City.

EASY YOKE FARM

Daniel & Hannah Miller
PO Box 87
Millville, MN 55957-0087
Phone: 507-798-2408
E-mail: easyyokefarm@gmail.com

Diverse array of farm goods. Draft-horse powered and grass-based farming practices. Seasonal interns or volunteers welcome.

Products available by:
On-farm pick-up, delivery, pick-up site at Rochester Farmers' Market, also at Plainview Farmers' Market and various co-ops and other retail stores.

FAIRVIEW FARM

Mark Laurie & Ben Timm
11596 Cty. Rd. 116
Altura, MN 55910-9730
Phone: 507-534-2034
E-mail: Fairview_Farm@msn.com
Website: fairviewfarmproduce.com

Naturally raised vegetables, including 25 varieties of potatoes, raspberries, apples, pears, bedding plants, perennials, hanging baskets, pumpkins, ornamental corn, free-range chickens, jams and jellies, CSA.
Interns or volunteers welcome.
Find Fairview Farm on Facebook.

Products available by:
On-farm pick-up; delivery on large orders in our area; farmers' markets in Rochester, Winona, Wabasha and Plainview; Bluff Country Co-op, Winona; Good Food Store, Rochester; HyVee in Winona pending.

FARM GIRL AT LARGE

Inga Haugen
12620 Deer Rd.
Canton, MN 55922
Phone: 507-246-6848
E-mail: farmgirlatlarge@gmail.com
Website: farmgirlatlarge.com

Cultivated fresh mushrooms; grass-fed, pasture-based beef, pork and chicken. Farming practices include grass-based, pasture-raised and antibiotic free, as best as possible.
Interns or volunteers welcome.
Find Farm Girl at Large on Facebook.

Products available by:
On-farm pick-up, delivery

FARM ON WHEELS/COZY MEADOWS

Mike & Linda Noble
53288 110th Ave.
Kenyon, MN 55946-4330
Phone: 507-789-6679
E-mail: linda@farmonwheels.net
Website: www.farmonwheels.net

100% grass-fed beef, lamb, chicken, eggs, pork, duck, goose, turkey. Certified organic by MOSA.

Products available by:
On-farm pick-up; farmers' markets in St. Paul, Northfield, Prior Lake

FEATHERSTONE FRUITS AND VEGETABLES

Jack Hedin
43090 City Park Rd.
Rushford, MN 55971
Phone: 507-454-0305 or 507-864-2400
E-mail: info@featherstonefarm.com
Website: www.featherstonefarm.com

Over 40 different vegetable crops; some fruits, including strawberries and melons. Certified organic by MOSA.
Interns or volunteers welcome.

Products available by:
On-farm pick-up; wholesale; pick-up sites in Winona, Rochester, Twin Cities Metro Area

FINCA MIRASOL FARM

Amy & Reginaldo Haslett-Marroquin
4597 315th St. W.
Northfield, MN 55057
Phone: 507-645-9097
E-mail: regi@fincamirasol.com
Website: www.fincamirasol.com

Eggs, free range meat poultry, garlic, black beans. Free range naturally raised meat broilers and egg layers. Chemical free naturally raised garlic and black beans.
Find Finca Mirasol Farm on Facebook.

Products available by:
On-farm pick-up, delivery, drop-sites

FLATLAND FARM, LLC

Mark & Jamie Schulz
18709 690th Ave.
Elkton, MN 55933-8832
Phone: 507-582-1073
E-mail: info@flatlandfarm.com
Website: flatlandfarm.com

Registered Scottish Highland cattle, Champagne D'Argent rabbits and Creme D'Argent rabbits. We are a small farm raising grass-fed beef and naturally fed rabbits, providing an example of sustainability and good animal welfare.

Products available by:
On-farm pick-up as agreed upon sale; delivery as agreed upon sale

GARY YOKIEL FARM

Gary Yokiel
58653 190th St.
Wells, MN 56097-6710
Phone: 507-553-3008

Corn, soybeans, oats, alfalfa and grass hay. All products certified organic.

JUDY & DWIGHT GINGERICH

PO BOX 147
Oronoco, MN 55960-0147
Phone: 507-367-2702
E-mail: jgingerich@pitel.net

Beef, quarters or halves — grass-based, hormone and antibiotic free.

Products available by:
On-farm pick-up

GUINEY ORGANIC FARM

Joseph & Peggy Guiney
23074 580th Ave.
Austin, MN 55912
Phone: 612-721-5373
E-mail: guineyfarms@yahoo.com

Certified organic grains.

HAZELNUT HOLLOW

Norm & Mary Erickson
1186 W. Lakewood Ave .
Lake City, MN 55041
Phone: 507-282-7365
E-mail: norme2@charter.net

Hazelnut seedlings, hazelnuts in-shell and shelled filberts (limited supply). Lettuces, carrots, tomatoes, chard, kale, spinach, beans, squash, melons and other seasonal fresh vegetables. Hope to offer dehydrated seasonal local vegetables out of season. Interns or volunteers welcome.

Products available by:
Lake City Farmers' Market, on-farm pick-up by appointment, delivery possible in Rochester by pre-arrangement.

HERBAL TURTLE FARMS

Bryan Crigler & Katelyn Foerster
523 W. 8th St.
Winona, MN 55987
Phone: 507-450-5877
E-mail: info@herbalturtlefarms.com
Website: www.herbalturtlefarms.com

We're a small family run farm in Winona, Minn., specializing in fresh vegetables, forest-grown mushrooms, and specialty herbs. We turtle folk believe in sustainable farming and responsible stewardship of the land. All of our produce is Certified Naturally Grown without the use of any harmful chemicals. We work with local venders and our neighbors to build a strong and healthy community.
Interns or volunteers welcome.
Find Herbal Turtle Farms on Facebook.

Products available by:
CSA, Bluff Country Co-op — Winona, People's Food Co-op—La Crosse, Wis., Winona Farmers' Market and the Rochester Farmers' Market

HERSHEY ACRES, INC

Mel & Arlene Hershey
13006 Hwy. 14
Saint Charles, MN 55972
Phone: 507-273-0024 or 507-273-4431

Ducks, eggs and broilers. Free range and antibiotic free.

Products available by:
Farmers' markets; Rochester Good Food Store; HyVee (Civic Center Drive) and HyVee (North) in Rochester

HIDDEN STREAM FARM, LLC

Lisa & Eric Klein
27079 County Road 25
Elgin, MN 55932-9703
Phone: 507-876-2304
E-mail: eric@hiddenstreamfarm.com
Website: www.hiddenstreamfarm.com

Chicken, pork, beef. All livestock are raised without feed antibiotics. Grass-fed beef and chicken, pork sometimes. Use a grass-based system to raise all livestock; winter hogs are housed in a deep bedded system and are never confined. Certified by Food Alliance Midwest.

Products available by:
On-farm pick-up; Rochester and Plainview farmers' markets; Valley Natural Foods in Burnsville; shipping available in Midwest

HILL & VALE FARMS

Joe & Bonnie Austin
21975 183rd Ave.
Wykoff, MN 55990-9750
Phone: 507-352-4441
E-mail: jobon@hmtel.com

Naturally raised beef. Available in quarters, halves and wholes. No anitibiotics or growth implants used. Grazed on improved grass/legume pastures. We also supplement their predominately forage diet with our farm raised whole grains. Low stress lifestyle for beef. Beef that is young and with an old fashioned full flavor, giving an enjoyable eating experience. Processed locally at a small USDA plant.

Products available by:
Individuals and families may order quarters, halves or whole beef, delivery; we also sell to many stores and restaurants in Rochester, Minneapolis and St. Paul, MN. Look for Hill & Vale Farms beef at Clancey's Meat & Fish and Seward Co-op in Minneapolis, and Valley Natural Foods in Burnsville, MN. In Rochester, look for our beef at Zzest and Sonte's Restaurants.

HILL VUE FARMS

Jon, Lori & Tyler Peterson
44051 Tower Ridge Rd.
Peterson, MN 55962-4646
Phone: 507-864-2722
E-mail: jlp689@acegroup.cc

Milk, eggs, broilers, beef and lamb. Milking shorthorn breeding stock. Cedar poles and logs. Certified organic, grass-based, free-range and antibiotic free.

Products available by:
On-farm pick-up and delivery

HOCH ORCHARD & GARDENS

Harry & Jackie Hoch
32553 Forster Road
La Crescent, MN 55947-9530
Phone: 507-643-6329
E-mail: Hoch1@acegroup.cc
Website: www.hochorchard.com

Fruit, cider, sauce and preserves. Vegetables and chickens. Certified organic by MOSA.
Volunteers or interns welcome.
Find Hoch Orchard and Gardens on Facebook.

Products available by:
Farmers' market in Cameron Park—La Crosse; Winona, Wedge Co-op, Seward Co-op, East Side Co-op and Mississippi Market Co-op

J & L KALMES FARM PRODUCE

Jim & Louise Kalmes & family
19301 Horse Shoe Road
Rollingstone, MN 55969
Phone: 507-689-2302
E-mail: jlddm@kmwb.net

Tomatoes, beans, cabbage, beets, broccoli, spinach, carrots, cucumbers, peppers, onions, kohlrabi, leeks, Brussels sprouts, squash, potatoes, greens, dill and other vegetables. Raspberries, rhubarb, strawberries, blueberries and other fruits.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, delivery, CSA, Winona Farmers' Market

KINDRED SPIRIT FARM

Stacey Hoffman York
20232 121st Ave.
Spring Valley, MN 55975-3006
Phone: 507-272-6401
E-mail: info@kindredspiritfarm.com
Website: www.kindredspiritfarm.com

Yarn, roving, felt, washed fiber, raw fibers, wool, mohair, angora, breeding stock, frozen lamb, turkey, herbs and CSA. No subtherapeutic antibiotics, grass-based livestock production.
Interns or volunteers welcome.
Find Kindred Spirit Farm on Facebook.

Products available by:
On-farm pick-up; pick-up at Sam Kedum's Nursery; farmers' markets in Lanesboro; Lanesboro Local

MANY HANDS FARM

John & Marge Warthesen
24447 590th St.
Theilman, MN 55945-9507
Phone: 507-534-3047
E-mail: warthesen@earthlink.net

Grass-fed lamb and goat. CSA; eggs, poultry, fruit, vegetables, wool. Also market gourds, jams and jellies at farmers' market and at farm. Chickens are antibiotic free. Vegetables/fruit grown with no synthetic chemicals.
Interns or voluneers welcome.

Products available by:
On-farm pick-up; CSA within 30 miles of farm, and Rochester Downtown Farmers' Market.

NATURE'S LITTLE FARMS

Larry & Diane Leonhardt
60035 Hwy. 42
Kellogg, MN 55945-9605
Phone: 507-767-4435

Chicken, beef, white and heritage turkey, bison, pork, eggs, vegetables and fruit. All livestock except pork are grass-fed. Pork is raised according to Niman Ranch standards. All livestock are raised without feed antibiotics. No meat by-products.
Interns or volunteers welcome.

Products available by:
Richfield and Wabasha farmers' markets; on-the farm all year — call before coming.

O'NEILL FAMILY FARM

Kelley O'Neill & Cindy Wolf
29182 Hartwood Dr.
Rushford, MN 55971
Phone: 507-450-5453
E-mail: kelley@sheepimprovement.com
Website: www.sheepimprovement.com

Lamb and beef. Grass-based.
Interns or volunteers welcome.

Products available by:
Delivery, Winona Farmers' Market, Bluff Country Co-op

OPEN HANDS FARM

Erin Johnson & Ben Doherty
4151 320th St. W.
Northfield, MN 55057
Phone: 507-645-2871
E-mail: openhandsfarm@gmail.com
Website: openhandsfarm.com

CSA vegetables, flowers, fruits, herbs (sustainably grown, not certified organic).

QUEENS HIGHLAND FARM

Charles Skemp
31914 County Rd. 1
La Crescent, MN 55947
Phone: 507-643-6362
E-mail: casqhf@acegroup.cc

Angus bulls with high marbling DNA potential. Could enhance the quality of grass-based beef. Registered Angus cow-calf operation.

Products available by:
On-farm pick-up

RALPH'S PRETTY GOOD DAIRY

Ralph Zerbe, Drue Fergison & John Jordan
5 Stinson Rd.
Houston, MN 55943-8107
Phone: 507-896-2032
E-mail: zerbe@acegroup.cc

Organic beef by the quarter, 30 lb. bundle, or by the pound. Certified organic, grass-based with light grain finish; antibiotic, pesticide and hormone free.

Products available by:
On-farm pick-up, delivery, Ledebuhr Meats and Lanesboro Local.

ROCKIE HILL BISON

Gail & Dave Griffin
22627 Buffalo Ridge Rd.
Winona, MN 55987-6047
Phone: 507-452-8951
E-mail: buffalo@hbci.com

Bison breeding stock; bison meat sold in standard retail cuts and sausages. Special cuts available by arrangement. Farming practices include grass-based livestock, on pasture 365 days/year, no hormones or subtherapeutic antibiotics used. USDA inspected processing, state inspected facilities.

Products available by:
On-farm pick-up by arrangement, delivery within 25-mile radius; currently served at Lakeview Drive-In, Winona Area Schools and Winona Health.

ROOT PRAIRIE GALLOWAYS

Brad & Leslea Hodgson
28135 298th Street
Fountain, MN 55935
Phone: 507-867-4004
E-mail: hodgsonranch@aol.com
Website: www.rootprairiegalloways.com

100% grass-fed beef from heritage Galloway cattle. Free-range chicken, colored breeds, natural and non GMO feed only.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, Preston Farmers' Market, Lanesboro Local marketplace, co-ops or other retail stores

SACRED CLAY FARM

Fred & Sandy Kiel
23234 Grosbeak Rd.
Lanesboro, MN 55949-8302
Phone: 507-467-9605
E-mail: kiel@krw-intl.com

50 acres organic tillable-forage crops. Chemical free.

SEASONS' HARVEST

Tim & Jenny Schlagenhaft
66745 County Road 9
Lake City, MN 55041-5603
Phone: 651-345-3078
Cell Phone: 651-380-9771
E-mail: jtnschlag@earthlink.net
Website: www.seasonsharvest.net

Asparagus, garlic, shallots, strawberries and raspberries. Christmas trees in production (3-4 years before first harvest). We are not certified organic but do not use herbicides or insecticides. We use sustainable practices.

Products available by:
On-farm pick-up (when Christmas trees are ready for cutting), delivery, Lake City Farmers' Market, Wabasha Farmers' Market, other local stores and restaurants

SIMPLE HARVEST FARM ORGANICS

Kathy & Nick Zeman
9800 155th Street East
Nerstrand, MN 55053
Phone: 507-664-9446
E-mail: kzeman@kmwb.net
Website: www.simpleharvestfarm.com

Vegetable and herb operation; eggs, broilers, pork, lamb, dairy goats, meat rabbits, ducks, geese, turkeys, Icelandic wool and yarn, goat milk soap, honey, beeswax candles and lip balm. CSA. Farming practices include: certified organic, no subtherapeutic antibiotics used, grass-based livestock.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, Just Food Co-op, Riverwalk Farmers' Market in Northfield, June-October, 9am-1pm

SUNFRESH FOODS

Paul & Karen Schmidt
19499 Killdeer Road
Preston, MN 55965
Phone: 507-765-4782
E-mail: pschmidty@centurylink.net

20 varieties of organic garlic, organic asparagus, pasture-raised broilers, beef and pork; homemade body products and soy wax candles. Farming practices include free-range poultry, no subtherapeutic antibiotics, grass-based, certified organic by MOSA.

Products available by:
On-farm pick-up; Rochester Farmer's Market Saturdays 7am-noon

TWIN OAK FARMS

Alison, Andrew & Gail Bunge
1105 Saint Paul St. NW
Preston, MN 55965
Phone: 507-765-4969 or 507-251-7952
E-mail: twinoakfarms@hotmail.com
Website: www.lanesborolocal.org

Our beef and lamb are grass-fed and supplemented with corn and oats. We also raise pork occasionally. Our livestock is humanely harvested on the farm in a non-stressed environment, then transported to a local locker for processing to your specifications. Our fresh eggs are from chickens that range outside several hours each day, which results in rich orange colored yolks of exceptional taste. Farming practices include grass-based, free-range and antibiotic free.

Products available by:
On-farm pick-up, pick-up sites in Lanesboro and delivery available

VALLEY ANGUS FARM

Dan Miller
23717 151st Avenue
Spring Valley, MN 55975-3037
Phone: 507-346-2261 or 507-259-6270
E-mail: dan@danbmiller.com
Website: www.mgt.org

Grass-fed Angus beef raised without feed antibiotics. Certified by: American Angus Association, Johnes Level 4
Interns or volunteers welcome.

Products available by:
On-farm pick-up; other pick-up sites and delivery available; farmers' market pending

WALSH FARM

Michael Walsh
55688 110th St.
Lyle, MN 55953
Cell Phone: 507-438-2422

Tomatoes, squash, sweet corn, green and yellow beans, cabbage, leaf lettuces, most all vegetables.

Products available by:
U-pick or select from my harvest. Large amounts available for canning, freezing, parties, etc., with advance notice; delivery in Lyle, MN, area (7 mile radius); flexible arrangements — please call ahead — easy to find, 1/2 mile northeast of Lyle, MN.

WEAVER GARDENS

Pat Bailey & Paul Wotzka
13226 Highway 74
Altura, MN 55910-9615
Phone: 507-767-3225 or 507-457-6500
E-mail: pattybailey@gmail.com

Fruit and vegetables. Transitioning to organic certification.

Products available by:
Winona Farmers' Market; SE MN Food Network; Bluff Country Co-op

WHITEWATER GARDENS

Sandy & Lonny Dietz
17485 Calico Hill Rd.
Altura, MN 55910-9752
Phone: 507-932-5225
E-mail: Londietz@aol.com

Vegetables, pork and beef. Farming practices include grass-based, antibiotic free, sustainable, biological methods with no synthetic chemicals.
Interns or volunteers welcome.
Find Whitewater Gardens Farm on Facebook.

Products available by:
On-farm pick-up, pick-up sites in Rochester and Winona, Winona and Rochester downtown farmers' markets; also Bluff Country Co-op and various restaurants

WIEBUSCH'S VALLEY VIEW FAMILY FARM

Jerry & Kim Wiebusch
65055 340th Avenue
Lake City, MN 55041-9480
Phone: 507-753-2754

Grass-fed dairy and beef, all raised without feed antibiotics. Organic dairy certified by Oregon Tilth.

WINDY RIDGE HERITAGE FARM

Gary Kneeskern & Kristi Kraling
28681 County 16
Preston, MN 55965
Phone: 507-765-5222
E-mail: windy-ridge@hotmail.com

100% Grass-fed and finished beef, free range chickens. No antibiotics or hormones.

Products available by:
On-farm pick-up

WISE ACRE PRODUCE

Marc & Heidi Dekeyrel
33841 156th St.
Harmony, MN 55939
Phone: 507-951-6104
E-mail: ochtrup@harmonytel.net
Website: wiseacreproduce.com

Community Supported Agriculture (CSA); pork, chicken and turkey.
Interns or volunteers welcome.
Find Wise Acre Produce on Facebook.

Products available by:
On-farm pick-up, delivery, pick-up sites in Rochester, Minn., Harmony, Minn., and La Crosse, Wis.

WOLF HILL FARM

Caroline van Schaik & Christopher Iremonger
40002 Wolf Hill
La Crescent, MN 55947-4317
Phone: 507-643-6395

Chemical free lamb and breeding stock, hay. Farming practices include managed rotational grazing, 100% grass-fed, no subtherapeutic antibiotics and no hormones used.

Products available by:
On-farm pick-up, Bluff Country Co-op in Winona, directly from processor in southeast Minnesota

LANE & MARY ZAFFKE

17987 County 27
Spring Grove, MN 55974-2441
Phone: 507-273-3385
E-mail: pslane@acegroup.cc

Maple Syrup
Interns or volunteers welcome.

Products available by:
On-farm pick-up; church sales at: Cross of Christ Lutheran Church in Houston MN, Trinity Lutheran Church in Spring Grove, MN.

WESTERN & SOUTHWESTERN MINNESOTA

A-FRAME FARMS

Carmen & Sally Fernholz
2484 Hwy. 40
Madison, MN 56256
Phone: 320-598-3010
E-mail: fernholz@umn.edu

Edible corn, wheat, flax grains. Certified organic grain production. Consulting on organic crop production systems.

Products available by:
On-farm pick-up, delivery, food co-ops in Paynesville, Litchfield and through www.localharvest.org

RYAN AND TIFFANY BATALDEN

39474 Co. Rd. 11
Lamberton, MN 56152-2053
Phone: 507-220-1036 or 507-227-5314
E-mail: batalden77@yahoo.com
Website: www.localharvest.org

Organic grass-fed beef, organic maple syrup, organic artisan bread, organic grains, organic flour.

Products available by:
Walnut Grove Farmers' Market; delivery to Twin Cities Metro; southwest Minnesota and anywhere in between

BRANDT GARDENS & GREENHOUSE

Bill & Rhonda Brandt
42283 760th St.
Lakefield, MN 56150-3198
Phone: 507-662-5631
E-mail: brandtfarm@myclearwave.net

Bedding plants, flower baskets, vegetable plants and a large assortment of fresh vegetables. We also raise sheep and are moving towards certified organic.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, farmers' markets and Little Sioux Growers

BROEKEMEIER ORGANIC FARM

Ernest Broekemeier
30706 County Road 7
Morgan, MN 56266-3040
Phone: 507-249-3323

Chickens raised on certified organic pasture and fed only certified organic feed. Grass-fed beef raised on organic pasture, antibiotic and hormone free. Golden flax also available. Certified organic by OCIA.

Products available by:
On-farm pick-up; pick-up sites at Hector Meat and Poultry, Hector, Minn.; delivery by appointment; Southwest Minnesota Poultry Co-op

COBB CREEK LAMB COMPANY

Jason M. Frank
1579 155th Ave.
Marietta, MN 56257
Phone: 320-668-2478
E-mail: jmfrank84@gmail.com
Website: http://localfoods.umn.edu/cclc

Grass-fed Katahdin lamb meat available in 20 or 40 pound packages (half or whole) for sale either through CSA or on-farm pick-up. The main CSA drop-site will be in Minneapolis; anyone ordering in western Minnesota please contact me to make arrangements as I could arrange to make deliveries to Montevideo or Hutchinson.

Fresh produce including carrots, peas, peppers, onions, garlic, beans, squash, potatoes, tomatoes, rutabagas, cucumbers/pickles, pumpkins, spinach, lettuce, cabbage, eggplants and zucchinis will be available at Madison and Dawson farmers' markets from late-summer through early fall.

We are a small, self-sustaining farming operation that places an emphasis on environmental stewardship. Our lambs are born and raised on all-natural tracts of tallgrass prairie consisting of brome, timothy, bluegrass, white clover, blue stem and orchard grass. Our animals are given neither growth hormones nor antibiotics and are shielded from all types of chemical exposure. We feed them NO genetically modified grain; they are entirely dependent on a well-maintained prairie ecosystem for the duration of the growing season.

Products available by:
On-farm pick-up; fresh produce available late summer-early fall at Madison and Dawson farmers' markets in western Minnesota. CSA lamb packages available in October with a drop-site at Eastside Food Co-Op on Central Avenue in Northeast Minneapolis.

DOUBLE D NATURAL MEATS

Donald & Bev Struxness
14015 Highway 40 NW
Milan, MN 56262-2412
Phone: 320-734-4877
Email: doubled@fedteldirect.net

Grass-finished beef. Certified by MOSA & Food Alliance Midwest

EARTHRISE FARM

Kay & Annette Fernholz
2580 250th St. Apt. A
Madison, MN 56256
Phone: 320-752-4700
E-mail: erfarm@hotmail.com
Website: www.earthrisefarm.org

Diversified vegetable operation with CSA, farmers' market and on-farm sales. Omega-3 Heart Smart Eggs raised and distributed through the Southwest Minnesota Poultry Co-op.

Products available by:
On-farm pick-up, Montevideo Farmers' Market, Pick-up sites in Madison, Montevideo, Appleton, and Ortonville; Omega-3 eggs available at Jubilee Foods in Madison, Bergen's Prairie Market in Milan and County Market in Montevideo.

THE FALK FARM

James & Karen Falk
1170 Hwy. 9 NE
Murdock, MN 56271
Phone: 320-875-4341
E-mail: jkfalk@westtechwb.com

Natural beef raised without antibiotics or growth hormones.

Products available by:
Call to place orders for quarters, halves or whole beef.

FORGET-ME-NOT FLOWER FARM

Kendra Ferencak
29368 Riverview Rd.
Fergus Falls, MN 56537
Phone: 218-736-5216
E-mail: kferencak@yahoo.com

Cut flowers, dried flowers, wreaths and fall decorations. Potted annual plants, hanging baskets and handmade soaps. Farming practices: grown without pesticides or synthetic fertilizers.
Find Forget-Me-Not Flower Farm on Facebook.

Products available by:
On-farm pick-up by appointment, Detroit Lakes Farmers' Market, Pelican Rapids Farmers' Market, Cafe 116 in Fergus Falls (Wednesdays); Meadow Farm Foods in Fergus Falls; delivery through 14-week bouquet subscription program, also weddings and special events

GARDEN GODDESS PRODUCE

Carol Ford & Chuck Waibel
405 So. 4th St.
Milan, MN 56262-2800
Phone: 320-734-4669
E-mail: info@gardengoddessenterprises.com
Website: www.gardengoddessenterprises.com

Winter CSA. Produce grown using chemical-

free methods. CSA deliveries from mid-October to mid-April combining storage crops grown in summer with fresh produce grown in our passive solar greenhouse.

GLACIAL GRASSLAND CATTLE

Don & Helen Berheim
30373 325th St.
Benson, MN 56215-3041
Phone: 320-842-4466
E-mail: dhberheim@info-link.net

Gentle grass-fed lowline black Angus beef available in quarters, halves and wholes.

HALL'S ACROSS THE PRAIRIE

Daniel & Terese Hall
40133 620th Ave.
Butterfield, MN 56120-4069
Phone: 507-956-2657

Grass-fed beef, prairie raised lamb, grass-based poultry production, free range broilers, laying hens for eggs. Chemical free and antibiotic free. Also: on-farm welding repair design shop, hydraulics, machining, engine rebuilding, brake work, crankshaft grinding, metal sign design work, fence building products, grazing supplies, energizers.
Interns or volunteers welcome.

Products available by:
On-farm sales and pick-up, delivery can be arranged

HERITAGE GROVE FARM

Tary & Claudia Flemino
2371 140th St.
Madison, MN 56256
Phone: 320-769-4803
E-mail: ckflemino@yahoo.com
Website: www.heritagegrovefarm.com

Berries, heirloom vegetables and fruit. Produce raised without chemicals; not certified organic.

Products available by:
On-farm pick-up, farmers' markets in Dawson, Madison and Marshall, MN.

HONEY & HERBS

Marcia Neely
155 60th St. NW
Benson, MN 56215-1050
Phone: 320-843-3363
E-mail: marciagarden@yahoo.com

Apples, herbs, honey, handmade soap, beeswax candles, books by farm owner and wood crafts. Chemical-free.

Products available by:
On-farm pick-up, delivery, Benson Farmers' Market, Glenwood Farmers' Market, Pomme de Terre Food Co-op

KALLIROE

Amy Bacigalupo & Paul Wymar
3825 220th St.
Montevideo, MN 56265-4528
Phone: 320-269-6176
E-mail: kalliroe.farm@gmail.com

Organic apples, pork sold by wholes and halves, pasture raised chickens available seasonally. Certified organic, antibiotic free, pasture based, Niman Ranch Certified.

Products available by:
Local delivery, pick-up at Hancock meat locker and Moonstone Farm Shoppe;
western & southwestern Minnesota

LYNN BRAKKE ORGANIC BEEF

Lynn Brakke
5724 170th Ave. S.
Moorhead, MN 56560
Phone: 218-585-4246
E-mail: lbrakke@aol.com
Website: lborganicbeef.com

Certified organic grass-fed beef.

Products available by:
On-farm pick-up, delivery, Cashwise—Eastern Shopping Center in Moorhead, Sydney's Health Market in Moorhead

MOONSTONE FARM

A Handeen Family Farm since 1872
Perennial polyculture on the bluffs of the Minnesota River Valley
Audrey Arner & Richard Handeen
9060 40th St. SW
Montevideo, MN 56265-3136
Phone: 320-269-8971
E-mail: moonstone@mvtvwireless.com
Website: www.moonstonefarm.net

100% grass-finished beef, Kalliroe pork, PastureLand cheese and butter, decorative woody florals, fruits and nuts in season; "The Broodio" farmstay and on-farm store. Farming practices include perennial polyculture without poisons. Human scale diverse biology.
Interns or volunteers welcome.

Products available by:
On-farm store, farmers' markets in Montevideo and University of Minnesota-Morris, Dawson and Appleton custom processors; delivery to Montevideo area and Bryant Lake Bowl in Minneapolis.

MORNING HAS BROKEN FARM

Larry & Carolyn Olson, Cory & Danielle Olson
4815 290th Ave.
Granite Falls, MN 56241
Phone: 320-905-0001 or 320-212-5200
E-mail: danielle_roggeman@hotmail.com
Website: www.prairiefare.com

Beef, chicken, pork and lamb. Free-range, antibiotic free, no added hormones. Blacksmith Art also available.

Products available by:
On-farm pick-up, delivery, Bill's Super Market in Montevideo, Minn.

MURPHY'S ORGANIC FARM

Craig & Joanie Murphy
51487 320th St.
Morris, MN 56267-4313
Phone: 320-392-5176
E-mail: cjemurph@fedteldirect.net
Website: www.prairiefare.com

Certified organic golden flax. Certified by O.C.I.A. International

NOORDMAN'S FARM

Dale & Betty Noordmans
39041 County Road 2
Hancock, MN 56244-1215
Phone: 320-392-5925
Cell Phone: 320-766-0008 or 320- 760-7746
E-mail: organicfood33@hotmail.com
Website:
www.ruralsolutions.com/lifedesignorganics

Chickens, eggs, Angus Simmental beef raised on forages (some corn, mineral and grass/alfalfa hay and all year-round pasture). In bunkers and pastured spring, summer and fall before snowfall.
Interns or volunteers welcome.

Products available by:
Delivery available, pick-up sites, farmers' markets, co-ops and other retail stores.

PASTURES A' PLENTY

Jim & Lee Ann VanDerPol
4075 110th Ave. NE
Kerkhoven, MN 56252-9650
Phone: 320-847-3432 or 320-367-2061
E-mail: grassroots@pasturesaplenty.com
Website: www.prairiefare.com or
www.pasturesaplenty.com

Pork, chicken, beef, eggs. We also carry Red Tail Valley beef, PastureLand butter, Dry Weather Creek flours, and artwork by Carye Mahoney. Certified by Food Alliance Midwest.

Products available by:
On-farm pick-up; delivery to Twin Cities Metro area, western Minnesota, central Minnesota; statewide co-ops and natural foods stores; statewide restaurants

PASTURES A' PLENTY

Josh & Cindy VanDerPol
4077 110th Ave. NE
Kerkhoven, MN 56252-9650
Phone: 320-847-3227 or 320-367-2061
E-mail: shop@pasturesaplenty.com
Website: www.prairiefare.com

Pork, chicken, beef, eggs. We also carry Red Tail Valley beef, PastureLand butter, Dry Weather Creek flours, and artwork by Carey Mahoney.

PINE BREEZES

Dawn & David Sletten
1025 90th St. SW
Montevideo, MN 56265-4019
Phone: 320-226-6007
E-mail: dawn_sletten@hotmail.com

Certified organic corn, small grains, soybeans and alfalfa.

PAUL & CANDY SOBOCINSKI

24649 230th St.
Wabasso, MN 56293-1202
Phone: 507-342-5280
Fax: 507-342-5152
Cell Phone: 507-430-1509
E-mail: sobopaul@redred.com

Antibiotic-free pork raised in deep straw, beef herd raised without antibiotics and grazed using rotational grazing. Farming practices include diversified crop rotation of corn, beans, wheat, oats, small grains, alfalfa and pasture.

Products available by:
Sell whole beef and whole hogs on-farm.

PK STRANLUND FARM

Pauline Stranlund
170 40th St. SW
Montevideo, MN 56265-4087
Phone: 320-269-6789
E-mail: countrygirlz.stranlund0@gmail.com

Veggies, jams, jellies and baked goods.

Products available by:
On-farm pick-up; Montevideo Farmers' Market and Hamley Falls at Farm Museum

PLOUGHSHARE FARM

Gary & Jennifer Brever
601 Wintergreen NW
Alexandria, MN 56308-4942
Phone: 320-304-0918
E-mail: gjbrever@midwest.info.net
Website: www.ploughsharefarm.com

CSA; garden staples, gourmet/specialty crops; cooking classes, farm festival. Certified organic.
Interns or volunteers welcome.

Products available by:
Pick-up sites in Minneapolis, Minnetonka, St. Paul, St. Cloud, Fergus Falls, Alexandria, Rogers and Otsego. Also Good Earth Co-op, Seward Co-op and Eastside Co-op.

THE PRAIRIE GARDENER

Matthew Plaetz
26696 Harvest Ave.
Wabasso, MN 56293-1386
Phone: 507-342-2626
E-mail: theprairiegardener@yahoo.com

Garden plants, garden veggies, bedding plants, trees and shrubs.

Products available by:
On-farm pick-up

PRAIRIE PRIDE FARM OF MN, LLC

Roger & Dawn Hubmer
59597 185th St.
Mankato, MN 56001-8472
Phone: 507-245-3117 or 866-245-PORK (7675)
E-mail: rdhubmer@prairiepridefarm.com
Website: www.prairiepridefarm.com

100% All Natural Berkshire Heritage pork and clover pastured chickens, humanely raised on our 5th generation farm. Green catering specializing in outdoor BBQ onsite service using our own naturally raised pork, "Party on Wheels" trailer. We raise our own non GMO grains to be used as supplemental animal feed. Smoked ham and sausages are cured and smoked without nitrates, nitrites or gluten. Only naturally occurring nitrite found in celery is used in the curing process. USDA approved organic products used. Not certified organic.

Products available by:
On-farm pick-up; farmers' markets in St. Paul, Burnsville, Lakeville; St. Peter Food Co-op; The Market in Madison Lake; Village Market in Prior Lake; online ordering and shipping. Co-ops in the Twin Cities area carry our sausages and uncured bacon

PRAIRIE WIND FARMS

Gerard & Mary Radermacher
1219 340th St.
Bellingham, MN 56212-2051
Phone: 320-568-2310
E-mail: prairiewindfarms@farmerstel.net

Beef, ground beef, lamb, eggs, stewing hens and organic wool

Products available by:
On-farm pick-up

PRAIRIES PAST

Allen & Lisa Smith
406 US Hwy. 75
Pipestone, MN 56164
Phone: 507-825-3845 or 507-825-6800
E-mail: lisasmith@nobleswildblue.com

Naturally raised pork (USDA inspected frozen cuts and whole and half hogs); large variety of produce. Farming practices include no subtherapeutic antibiotics used; grass-based livestock

Products available by:
Pipestone Farmers' Market (Wednesdays 5 pm and Saturday mornings June-October); on farm pick-up—please call ahead

RED TAIL VALLEY BEEF

Terry VanDerPol
80402 115th Street
Granite Falls, MN 56241
Phone: 320-981-0134
E-mail: redtailvalleybeef@yahoo.com

Grass-fed beef raised on 100% grass and forage in a low stress, predator-friendly environment. Farming practices include grass-fed, antibiotic and hormone free, no animal by-products fed.

Products available by:
Delivery; products are co-marketed with Pastures A'Plenty; call 320-367-2061 or e-mail shop@pasturesaplenty.com

RON'S VEGGIES & CACTI

Ron Hanson
86750 150th St.
Sacred Heart, MN 56285-1252
Phone: 320-765-2379

Vegetables (especially onions and potatoes) and cactus plants.

SEPPANEN ORGANIC FARM

Irene Seppanen
1860 Englund Road SW
Alexandria, MN 56308-9411
Phone: 320-763-7736
E-mail: seppanen@rea-alp.com

Fresh picked fruit and vegetables specializing in salad greens and raspberries; also peas, beans, squash, potatoes, jams, sauerkraut, pickles and more. Chemical free.
Interns or volunteers welcome.

Products available by:
On-farm pick-up; Alexandria farmers' market on Saturdays

WINDJAMMER FARM

Dennis & Cherry Jeske
15405 State Hwy. 15
Hanska, MN 56041
Phone: 507-359-4140
E-mail: windjammer_farm@yahoo.com

Chemical-free Omega-3 eggs, broilers, turkeys,

hay, 40-share garden CSA. Poultry and eggs farming practices: non-caged, pasture poultry, no antibiotics, no hormones, no animal by-products, no GMOs, organically-certified feed. Garden farming practices: organic or untreated seeds and bedding plants, no herbicides, no pesticides, no commercial fertilizer.

Products available by:
On-farm pick-up; call in advance for delivery

TED WINTER AGENCY

Farmers Union Insurance
358 10th St.
Windom, MN 56101
Phone: 507-360-1567
E-mail: tedwinter@windomnet.com

Crop farmer (grow non-GMO corn) and insurance agent.

TWIN CITIES AREA

AFTON APPLE ORCHARD

Frank & Cindy Femling
9225 St. Croix Trail S.
Hastings, MN 55033
Phone: 651-436-8385
E-mail: aftonapple@aol.com
Website: www.aftonapple.com

Apples, strawberries, raspberries, pumpkins, squash and gourds. Also weddings, hall rental, corn maze, company picnics and events. Farming practices include integrated pest management.
Find Afton Apple Orchard on Facebook.

Products available by:
On-farm pick-up

AMES FARM LIMITED

Brian Fredericksen
11225 County Road N 20
Delano, MN 55328
Phone: 952-955-3348
E-mail: brian@amesfarm.com
Website: www.amesfarm.com

Raw varietal honey and bee pollen, 20 varieties of apples and pears. Farming practices includes integrated pest management.

Products available by:
Minneapolis farmers' markets on Lyndale Ave. and Nicollet Mall; Mill City, Midtown and Maple Grove farmers' markets; also available wholesale delivery and most area co-ops

AXDAHL'S GARDEN FARM & GREENHOUSE

Brian & Leslie Axdahl
7452 Manning Ave. N.
Stillwater, MN 55082-8419
Phone: 651-439-3134
Fax: 651-439-2408
E-mail: info@axdahlfarms.com
Website: www.axdahlfarms.com

CSA, sweet corn, green beans, cucumbers, peppers, zucchini, tomatoes, eggplant, kohlrabi, lettuces, radishes, beets, broccoli, cauliflower, pumpkins, squash, gourds, landscape and bedding plants. Certified Sustainable.
Interns or volunteers welcome.
Find Axdahl's Garden Farm on Facebook.

Products available by:
On-farm pick-up, delivery, pick-up sites through CSA (see website); St. Paul area farmers' markets and other co-ops and retail stores

BAUER BERRY FARM

Bill & Nancy Bauer
10830 French Lake Rd.
Champlin, MN 55316-1140
Phone: 763-421-4384
E-mail: whbauer@ties2.net
Website: www.bauerberry.com

Strawberries, pick-your-own and pre-picked; blueberries, pick-your-own; sweet corn, picked for you. Please contact our website for season dates of each crop. Farming sustainably to produce local, fresh produce.
Volunteers welcome.

Products available by:
On-farm pick-up

BIG RIVER FARMS CSA

MN Food Association
Glen Hill
14220-B Ostlund Trail North
Marine on St. Croix, MN 55047-9539
Phone: 651-433-3676
E-mail: info@mnfoodassociation.org
Website: www.mnfoodassociation.org

CSA; vegetables, sold wholesale, certified organic. Farmer training classes. Various festivals and educational events available. Monthly community work party days first Saturday of each month.
Volunteers welcome.

Products available by:
CSA pick-up sites in Stillwater, White Bear Lake, Roseville, St. Paul and Minneapolis

CEDAR SUMMIT FARM

Mike & Merrisue Minar
25830 Drexel Ave.
New Prague, MN 56071-8834
Phone: 952-758-6886
Fax: 952-758-6197
E-mail: merrisue@cedarsummit.com
Website: www.cedarsummit.com

Milk, chocolate milk, cream, pastured pork, 100% grass-fed beef. Grass-based and certified organic.
Find Cedar Summit on Facebook.

Products available by:
On-farm pick-up at farm store, and co-ops and other retail stores in the region

CELESTIAL HARVEST, INC.

Chantel Cervantes & Juan Carlos
7052 Casey Parkway
Prior Lake, MN 55372-2681
Phone: 612-388-3255
E-mail: celestialharvest@gmail.com
Website: www.celestialharvest.com

Celestial Harvest is a small CSA that services the Twin Cities area. We provide chemical-free, nutrient rich, environmentally-friendly foods. Our commitment to ecological integrity and food quality is assured by our third party eco-label certification.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, delivery with weekly wholesale orders, pick-up sites available, farmers' market; also available at co-ops and natural foods stores

COSTA FARM & GREENHOUSE

Ron Costa
9411 Dellwood Rd. N
Mahtomedi, MN 55115
Phone: 651-653-1269
Fax: 651-407-1886
E-mail: rkcosta@usfamily.net
Website: www.costafarm.com

Sweet corn, tomatoes, beans, peppers, cucumbers, zucchini, eggplant, kale, peas, bedding plants, herbs, vegetable plants, hanging baskets and perennials. We are in the process of Food Safety Certification-USDA.
Find Costa Farm & Greenhouse on Facebook.

Products available by:
On-farm pick-up, delivery, farmers' markets in St. Paul, White Bear Lake, Hugo, Bayport, Mahtomedi and Oakdale; also Festival Foods and Cub locations

CRAMER ORGANICS

Bob & Joey Cramer
3889 Eckert Ave. SE
Delano, MN 55328
Phone: 763-972-6647
E-mail: racramermn@yahoo.com
Website: www.cramerorganics.com

Organic vegetables and flowers; CSA. Certified organic by NICS

Products available by:
On-farm pick-up; CSA pick-up sites in Hopkins; Hopkins Farmers' Market

CRAZY BOY FARM

Amy & Proeun Doeun
1303 Edgerton St.
Saint Paul, MN 55130
Phone: 651-330-1034
E-mail: crazyboyfarm@yahoo.com
Website: www.crazyboyfarm.com

We are transitioning to a full time farm. We run a certified organic CSA. We grow heirloom varieties of American and Asian favorites.
Interns or volunteers welcome.
Find Crazy Boy Farm on Facebook.

Products available by:
Pick-up sites: St. Paul Eastside, St. Paul Midway, Shoreview, Falcon Heights and Bloomington

ENCORE FARM

Paula Foreman
1925 Upper Afton Road
Saint Paul, MN 55119
Phone: 651-739-7097
E-mail: encorefarm@yahoo.com

Heirloom varieties of edible dry beans. Organic farming practices used; people-powered; cover cropping.

Products available by:
Delivery and Twin Cities fine dining restaurants

FAZENDA BOA TERRA

John Middleton & Lidia Soares Dungue
8199 257th St. W
Farmington, MN 55024
Phone: 952-469-2278
Fax: 952-469-2312
E-mail: farmers@fazendaboaterra.com
Website: www.fazendaboaterra.com

90 different vegetable varieties, plus some flowers and herbs; CSA
Products available by:
On-farm pick-up, Bloomington Farmers' Market and Inver Grove Heights Farmers' Market

FRESH EARTH FARMS

Chris & Susan James
6455 Oakgreen Ave. S
Denmark Township, MN 55033
Phone: 651-436-2778
E-mail: chris@freshearthfarms.com
Website: www.freshearthfarms.com

Berries (u-pick), fruits, vegetables, herbs; also sell pasture-raised beef, pork and chicken and Fair Trade coffee.
Interns or volunteers welcome.

FRUITSHARE

Everett Myers
9798 75th St. North
Stillwater, MN 55082
Phone: 651-644-2800
Email: everett@fruitshare.com
Website: www.fruitshare.com

We provide the freshest in-season organic fruit straight to your home, business or school. Order one box at a time, a whole season, or a full year's worth of in-season fruit. Deliveries weekly, bi-weekly, or monthly. We are 100% certified organic.
Find FruitShare on Facebook.

Products available by:
Delivery

GALE WOODS FARM

Three Rivers Park District, Tim Reese
7210 County Road 110 West
Minnetrista, MN 55364
Phone: 763-694-2002
E-mail: treese@threeriversparkdistrict.org
Website: www.galewoodsfarm.org

Vegetables, beef, lamb, chicken, turkey, honey, apples. Grass-based production methods used for beef and lamb. No feed antibiotics for: beef, lamb, chicken and turkey. Maple syruping for youth; hiking, canoeing and fishing on parkland. CSA. Interns or volunteers welcome.

GARDENING WORLD WIDE

Connie & Patrick Lahr
208 Oak Ave. N
Maple Lake, MN 55358-3504
Phone: 320-963-3690
Cell Phone: 612-325-2861
E-mail: pclahr@yahoo.com
Website: www.gardeningww.com

Gardening World Wide (also Wright Home Gardeners and Haiti Gardeners) promotes home gardening for health via square foot gardening systems through community education programs and gatherings at various locations throughout Wright County and central MN.

GREEN EARTH GROWERS

Jenny Hotz & Jolea Gress
7150 Casey Parkway
Prior Lake, MN 55372
Phone: 952-447-4131
E-mail: greenearthgrowers@earthlink.net
Website: www.greenearthgrowers.net

Wholesale greenhouse, CSA farm of unique flowers and heirloom plants and produce. Certified Naturally Grown.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, Minneapolis Midtown Farmers' Market, delivery available, CSA drop-sites at Mississippi Market and Valley Natural

GULLYWASH GARDENS

Roy Peterson & Barbara Pumper
27404 Scenic Byway Rd.
Belle Plaine, MN 56011-5097
Phone: 952-210-6558
E-mail: gullygardens@aol.com

Vegetables, cut flowers, herbs, mushrooms, maple syrup, potted heirloom tomatoes and peppers. Sustainably grown, without the use of synthetic fertilizers, herbicides or pesticides.

Products available by:
On-farm pick-up in Belle Plaine; Prior Lake Farmers' Market; pick-up at Cedar Summit Dairy, New Prague; St. Peter Food Co-op; Lakewinds Co-op in Chanhassen and Belle Plain Farmers' Market

KRUEGER'S CHRISTMAS TREES

Neil & Deb Krueger
4452 Lake Elmo Ave. N
Lake Elmo, MN 55042-9506
Phone: 651-439-9186
E-mail: ndkrueger@msn.com
Website: www.kruegerschristmastrees.com

Christmas Trees

Products available by:
On-farm pick-up

LIVE FLOWERS, LLC

Renee Arcand
15677 May Avenue N.
Marine on Saint Croix, MN 55047

Phone: 651-433-5075
Cell Phone: 651-485-6475
E-mail: renee.liveflowers@gmail.com
Website: www.minnesotaliveflowers.com

"Flowers are food for the soul!" Any gathering will be a celebration with my fresh-cut garden flowers. Unique bouquets, arrangements and flowers by the pail. Huge variety of bright colors, including zinnias, giant black-eyed susans, cosmos, celosia, and many more. Chemicals kept to a very minimum, sustainable practices used.
Interns or volunteers welcome.
Find Live Flowers on Facebook.

Products available by:
Marine on St. Croix Farmers' Market Saturday mornings 9am–12:30pm (10 miles north of Stillwater, MN) July until mid-October, River Market Co-op, Stillwater, MN.

MARSHWATCH FARMS

Terrie & Joe Adams
1396 Country Trail W.
Shakopee, MN 55379-9115
Phone: 612-710-6923
E-mail: joe@marshwatchfarms.com
Website: www.marshwatchfarms.com

Produce, herbs, flowers, fruit, CSA and retail stand. We provide a farm environment for our members, customers and educational groups. Sustainable agriculture practices used, no chemicals, working toward organic certification. Interns or volunteers welcome.

Products available by:
On-farm pick-up

MCKINLEY COMMUNITY CSA

3333 North 4th Street, #1
Minneapolis, MN 55412-2615
Phone: 612-276-1541
E-mail: mckinleycommunitycsa@yahoo.com
Website: www.mckinleycommunity.com

A community based CSA in North Minneapolis, founded in 2010. We grow 17 weeks of fresh produce for our customers, from June through October. No herbicides, no pesticides.
Volunteers welcome.
Find McKinley Community CSA on Facebook.

Products available by:
Pick-up sites pending; NE Farmers' Market depending upon production

MORNING GLORY FARM

Rebecca Pelfrey
10503 N 117th St.
Stillwater, MN 55082
Phone: 651-260-4504
E-mail: rebpelfrey@msn.com

Grass-fed lamb, Berkshire pork, organic eggs, heritage turkeys. Grass-based, no hormones or antibiotics, organic feed and farming practices. Interns or volunteers welcome.

Products available by:
On-farm pick-up

NATURA FARMS

Paul M. Otten
19060 Manning Trail N
Marine on St. Croix, MN 55047
Phone: 651-308-3801 or 651-433-5850
E-mail: pmo@naturafarms.com
Website: www.naturafarms.com

Strawberries, currants, gooseberries, raspberries, grapes, apples, melons, vegetables, herbs, potted garden plants, berry plants. Also workshops, classes, tours and weddings. Sustainable, biological, natural, eco-farming practices.

Products available by:
Pick-your-own CSA and wholesale, farm store.

NATURES NEST ORGANIC FARM AND B&B

Catherine Rose
5412 Brighton Ave. SE
Montrose, MN 55363-8007
Phone: 612-759-1478
E-mail: cathy@naturesnestfarm.com
Website: www.naturesnestfarm.com

Bed and Breakfast; CSA; Local Festival in May; Tuesday Pizza 6 times/year; flowers (plants).
Interns or volunteers welcome.
Find Natures Nest on Facebook.

Products available by:
On-farm pick-up, CSA

NORTHWOODS ORGANIC PRODUCE

Pam & David Massey
3695 Auger Ave.
White Bear Lake, MN 55110
Phone: 651-653-1320 or 218-568-5823
E-mail: pamanddavid@msn.com

Certified organic vegetables and berries.
Information resource on wide variety of related subjects.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, pick-your-own berries, delivery, Seward Co-op, River Market Co-op, Lakewinds, Fresh and Natural, Crow Wing Co-op and 10 Restaurants

OUT BACK NURSERY, INC.

15280 110th St. S
Hastings, MN 55033
Phone: 651-438-2771
E-mail: tom@outbacknursery.com
Website: www.outbacknursery.com

Minnesota native trees, shrubs, vines and wildflowers.

Products available by:
On-farm pick-up and delivery.

PAHL FARMS, INC.

Gary Pahl
6885 160th St. W
Apple Valley, MN 55124-6651
Phone: 952-431-4345
E-mail: gary@pahls.com
Website: www.pahls.com

Sweet corn, green beans, pumpkins, winter squash, cabbage, peppers and cucumbers.
Certified Food Alliance Midwest.
Interns or volunteers welcome.

Products available by:
Minneapolis Farmers' Market; pick-up site in Apple Valley; delivery; Cub Foods, Rainbow, Lunds

PINE TREE APPLE ORCHARD

Bill & John Jacobson
450 Apple Orchard Rd.
White Bear Lake, MN 55110-1212
Phone: 651-429-6577
E-mail: john@pinetreeappleorchard.com; bill@pinetreeappleorchard.com
Website: www.pinetreeappleorchard.com

Apples, strawberries, pumpkins and bakery products.
Find Pine Tree Apple Orchard on Facebook.

Products available by:
On-farm pick-up and delivery

PROVENANCE FARM

Stephen Jones & Cristina Cruz-Jones
34425 Teal Avenue
Taylors Falls, MN 55084
Phone: 651-583-2252
Cell Phone: 614-266-2381
provenancefarm@hotmail.com

Mangalitsa Pigs (Austro-Hungarian extreme lard-type breed) known for heavily marbled, richly-flavored meat and beautiful, pure white fat. Ours are raised on pasture, supplemented with barley-based feed. We do not currently breed our own; new barrows for the season typically arrive in early May and are overwintered until February or March. Farming practices include rotational grazing, grass-based, non-GMO.
Volunteers and visitors welcome.
Find Provenance Farm Mangalitsa on Facebook.

Products available by:
Sold predominantly to restaurants, but individual cuts are available....just contact us! Both on-farm pick-up and delivery.

REIMANN FAMILY FARM

Vangie Reimann, Carol (Reimann) Gamm,
Darwin Gamm, Christine Gamm
3220 241st Ave. NW
St. Francis, MN 55070
E-mail: ReimannFarm@yahoo.com
Website: www.ReimannFamilyFarm.com

A small CSA offering a full range of vegetables. Our harvest season is early June to early October. To sustain our soil's health, we use natural methods like compost, mulch, crop rotations and cover crops. (We do NOT use synthetic pesticides or fertilizers.)
Interns or volunteers welcome.

Products available by:
On-farm pick-up, CSA

RIVERBEND FARM

Greg & Mary Reynolds
5405 Calder Ave. SE
Delano, MN 55328-8014
Phone: 763-972-3295
E-mail: riverbend@usinternet.com
Website: www.rbfcsa.com

Certified organic wholesale vegetables; CSA.
Certified by O-MOSA.
Interns or volunteers welcome.

Products available by:
CSA and co-ops and natural foods stores in Twin Cities

ROSELAWN HERITAGE FARMS

Pete & Jane Karpe
24069 Rum River Blvd.
Saint Francis, MN 55070-9605
Phone: 763-753-5517
E-mail: p_karpe@msn.com
Website: www.roselawnheritagefarms.com

Located in St. Francis, Minn., we offer our CSA from mid-June through September. As well as offering you our vegetable CSA, we also have available grass-fed beef (eight generations of safe beef); 1-1/2 acres of pick-your-own fresh blueberries (1st of July); raspberries (1st of September); and a farmers' market located here at the farm (mid-June through September). All extra produce goes to support our local food shelf.

SHEEP SORREL FARM

Beth Slocum & Robert Brown
31005 Co. 7 Blvd.
Welch, MN 55089-4709
Phone: 651-258-4290 or 612-823-6112

Lamb — pastured raised; cut, wrapped and frozen to order. Grass-based rotational grazing; sustainable practices for our land and animals. Farmhouse retreat-rental

Products available by:
On-farm pick-up, delivery

GENE & LOUISE SMALLIDGE

10992 Point Douglas Dr. S
Hastings, MN 55033-9476
Phone: 651-459-5600

Cut and wrapped Angus beef, quarters and halves. No subtherapeutic antibiotics or homones used.

Products available by:
On-farm pick-up as well as processing plant

UPROOT FARM, LLC

Sarah Woutat
6800 County Road 6 NW
Princeton, MN 55371-5305
Phone: 763-389-8450
E-mail: info@uprootfarm.com
Website: www.uprootfarm.com

We grow about 40 types of vegetables. An Uproot Farm CSA share will be a weekly delivery of a bushel box. It is designed to feed 2 veggie-loving adults or 4 veggie-liking people, and each box will contain between 6 and 12 kinds of veggies, depending on that week's harvest. Each week you will receive a newsletter with recipes, storage and handling advice, and news from the farm. You will pick up your box at the drop-site of your choice. Delivery day is Wednesday to the Twin Cities and Friday to City Center Market in Cambridge. Uproot Farm is in transition to organic. Because our land was previously in conventional production, Uproot Farm cannot be certified organic until 2013. However, our farming practices meet (or exceed) all of the requirements of the USDA National Organic Program, so you can trust that your vegetables are grown in a healthful and environmentally responsible way. In 2011, we will have only 3 of our 18 acres in vegetable production. The remaining acreage will be in a cover crop rotation to help rebuild the soil after years of conventional production. In the future, we plan to keep half of our land in cover crops each year, giving it a chance to rest and rebuild.

Products available by:
Fulton Farmers' Market, Minneapolis; CSA pick-up sites throughout the Twin Cities and Cambridge, Minn.

WHISTLING WELL FARM

Charlie Johnson
8973 St. Croix Trail S
Hastings, MN 55033
Phone: 651-998-0301 or 651-334-6522
E-mail: wwfarms@qwestoffice.net
Website: www.whistlingwellfarm.com

Apples, brambles, fall squash, pumpkins, raspberries, honey, fried flowers, bittersweet, apple cider, caramel apples, jams, fall mums, ornamental corn, straw, corn stalks, gourds, fall gifts. Certified by Food Alliance Midwest.
Interns or volunteers welcome.

WILL HEAL FARM

Patrick & Rachel Nudd
2365 Lake George Dr. NW
Cedar, MN 55011-4216
Phone: 763-753-8611
E-mail: patnudd@willheal.com
Website: www.willheal.com

Will Heal Farm has been serving northern Anoka County since 2005. We are a small CSA farm dedicated to using sustainable agriculture methods to enrich soil, preserve the natural environment and encourage a healthy community. We offer wide varieties of vegetables throughout the growing season, June through October. Salad greens, snow peas, wild edibles, carrots, heirloom tomatoes, zucchini, winter squash and garlic are just a few vegetables that we offer. A variety of medicinal herbs are now available at the farm or Grass Roots Co-op in Anoka. We use crop rotations, integrated pest management and cover crops that enrich the soil and create a sustainable way of life. We are in the process of getting our organic certification and have never used chemicals for pest management, fertilizer or weed control.
Interns or volunteers welcome.
Find Will Heal Farm on Facebook.

Products available by:
On-farm pick-up, we deliver CSA shares to Grass Roots Co-op in Anoka Minn., and Fresh and Natural Foods in Shoreview, Minn. Bulk medicinal herbs are available at the farm or Grass Roots Co-op in Anoka.

WOMEN'S ENVIRONMENTAL INSTITUTE

Jacquelyn Zita & Karen Clark
PO Box 128
15715 River Rd.
North Branch, MN 55056-0128
Phone: 651-583-0705
E-mail: wei@w-e-i.org
Website: www.w-e-i.org

CSA. Organic certified (MOSA) produce and fruit (berries, apples, etc.). Farm and garden educational workshops.
Interns or volunteers welcome.
Find WEI on Facebook.

Products available by:
On-farm pick-up, delivery, CSA, Mill City Farmers' Market, Eastside Co-op, East Central Minnesota and Twin Cities Metro deliveries for CSA boxes.

ZWEBER FARMS LLC

Jon, Lisa, Tim & Emily Zweber
25420 Natchez Ave.
Elko, MN 55020-9562
Phone: 952-461-3428
E-mail: zweber@integra.net

Beef, pork and chickens. Grass-based livestock production; no subtherapeutic antibiotics used.

Interns or volunteers welcome.

Products available by:
On-farm pick-up

SOUTH DAKOTA

JOHNSON FARMS

Charles & Bette Johnson
45169 243rd St.
Madison, SD 57042-7101
Phone: 605-256-6784
E-mail: c-bjohnson@svtv.com

Beef, eggs, oats, corn, soybeans and alfalfa hay. Beef cattle are raised without feed antibiotics. Certified organic by Farm Verified Organic/International Certification Services(FVO-ICS)

MAVERIC HERITAGE RANCH CO.

Arie McFarlen, PhD
47869 242 St.
Dell Rapids, SD 57022
Phone: 605-212-5144
E-mail: maveric.hogs@gmail.com
Website: www.maveric9.com

Exquisite meat products from endangered hog breeds including Mulefoot, Guinea and Ossabaw Island hogs. Retail and wholesale for chefs and markets. Internship program for women farmers, also farm tours available. Farming practices include grass-based livestock, no antibiotics or hormones used. Humane Care Certified through Animal Welfare Institute, USDA inspected processing.
Interns or volunteers welcome.

Products available by:
On-farm pick-up; shipping in U.S. wholesale and chef's pricing and Slow Food member discounts available. Products also available through SD Local Foods Co-op.

PRAIRIE COTEAU FARM

Kristianna Gehant & Nick Siddens
19079 487th Ave.
Astoria, SD 57213-5813
Phone: 605-832-2062
E-mail: vegfarm@itctel.com
Website: www.prairiegarlic.com

Certified organic garlic: six varieties for seed or table stock; garlic braids; garlic scape pesto.

Products available by:
On-farm pick-up by appointment; Brookings, SD Farmers' Market; Pesto available at Pomegranate Market in Sioux Falls, SD, and online SD Food Co-op; Garlic Braids may be pre-ordered by Aug. 1 by phone or e-mail; Garlic available for purchase by phone, e-mail or website, and at the Minnesota Garlic Festival.

RENAE MOROG

19041 363rd Ave.
Saint Lawrence, SD 57373-6012
E-mail: morogfamily@hotmail.com

Grain farming.

CENTRAL & NORTH CENTRAL WISCONSIN

IGL FARMS, LLC

Brad, Brian & Tom Igl
W9689 Cherry Rd.
Antigo, WI 54409
Phone: 715-627-7888
E-mail: iglfarms@frontier.com
Website: www.iglfarms.com

Certified organic potatoes, field peas, small grains, and grass-fed beef. No subtherapeutic antibiotics or hormones used; grass-based livestock production. Certified organic by O-MOSA.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, delivery to many areas of Wisconsin, Minnesota and Illinois; Co-ops and natural foods stores in the Twin Cities; Willy Street Co-op, Madison, Wis.; Irv & Shelly's Fresh Picks (Chicago area home delivery); Keune's Authentic Produce (Seymour, Wis.); CSA and farmers' markets serving Green Bay and Fox Valley area)

KEPPERS' POTTERY & PRODUCE

Ken & Judith Keppers
235 West Highway 8
Turle Lake, WI 54889
Phone: 715-986-4322
E-mail: ken@kepperspottery.com
Website: kepperspottery.com

Vegetables — extended season year-round; fruit as available; eggs; pork in halves or whole. Nutrient dense, no chemicals, pastured pork, free-range hens and decades of experience.

Products available by:
On-farm pick-up, delivery with a minimum order (negotiable), and CSA pick-up sites

SHEPHERD SONG FARM, LLC

Judy Moses & Larry Jacoby
N12835 County Rd. Q
Downing, WI 54734
Phone: 715-265-7637
E-mail: jmoses47@gmail.com
Website: www.shepherdsongfarm.com

USDA lamb cuts and USDA goat cuts. Grass-based, antibiotic free, not confined.

Products available by:
On-farm pick-up, delivery and Mississippi Market Natural Foods Co-op, Selby and Dale in St. Paul

TURNIP ROCK FARM

Joshua J. Bryceson & Rama Hoffpauir
8628 Co. Rd. AA
New Auburn, WI 54757
Phone: 715-237-2998
E-mail: turniprock@gmail.com
Website: www.turniprock.com

CSA, vegetables, pastured pork, lamb, beef; farmstead cheeses in 2013. Chemical free.
Interns or volunteers welcome.
Find Turnip Rock on Facebook.

Products available by:
On-farm pick-up, delivery, pick-up sites, Seward Co-op; restaurants including Sen Yai Sen Lek, Ecopolitan and Butter Cafe.

WESTERN & NORTHWESTERN WISCONSIN

A TO Z PRODUCE & BAKERY

Robbi Bannen & Ted Fisher
N2956 Anker Lane
Stockholm, WI 54769
Phone: 715 448-4802
E-mail: bannfish@centurylink.net
Website: www.atozproduceandbakery.com

CSA spring salad season, CSA full season vegetables, brick-oven whole grain sourdough bread, brick-oven pizza. Chemical free.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, CSA, bread sold at: Stockholm General, Stockholm, Wis.; Paul and Fran's, Pepin, Wis.; Bluff Country Co-op, Winona, Minn.; People's Co-op, La Crosse, Wis.; Good Foods, Rochester, Minn.

A WISE CHOICE DAIRY & FARMSTAY

Heidi & John Wise
746 21st St.
Chetek, WI 54728-9723
Phone: 715-924-2116
E-mail: info@awisechoice.com
Website: www.awisechoice.com

We are in our first year of dairy farming and currently focused on improving our pastures, building our rotationally-grazed dairy herd, and spreading the word about our future farmstay. We expect to open the farmstay to the public in 2012. In the meantime, people may contact us to arrange a visit or tour. We sell our milk to Burnett Dairy Cooperative, makers of Fancy Brand cheese and Wood River Creamery artisan cheese. Farming practices include: management-intensive, rotational grazing; Certifiable-organic land management (no chemical fertilizers); Preventive herd health management (focus on preventing problems and treatments by reducing cow stress, keeping cows clean and providing a natural, pasture-based cow environment. People who come to stay at the farm are invited to help.
Find A Wise Choice Dairy on Facebook.

Products available by:
Burnett Dairy has an online store (www.burnettdairy.com) and also sells through some of the co-ops in the Twin Cities Metro area. Contact Burnett Dairy directly for details on the best way to buy our cheese.

ANDERSON FARM

Randy & Lynn Anderson, Andy & Rachelle Anderson
N6501 Manore Ln.
Arkansaw, WI 54721-8603
Phone: 715-285-5226 or 888-700-3276
E-mail: andersonfarm@nelson-tel.net
Website: www.andersonfarm.us

Grass-fed beef, Berkshire pastured pork and pastured chickens. Grass-based, antibiotic free.

Products available by:
On-farm pick-up; delivery; pick-up sites in Saint Paul, Minneapolis, Bloomington, Lakeville and Hastings.

BIG RIVER HOPS

Hannah Friedrich, Eric Refsell, Julie Hedlund, Erik Hedlund
N1176 Lake Port Rd.
Pepin, WI
Phone: 612-202-8617
E-mail: info@bigriverhops.com
Website: bigriverhops.com

Chemical-free hops. We are in the process of seeking organic certification.
Interns or volunteers welcome.
Find Big River Hops on Facebook.

Products available by:
On-farm pick-up, delivery, co-ops or other retail stores

BLUE RIDGE GROWERS ORCHARD & NURSERY

Jill Barthen Berke & Dennis Berke
246 Carlson Ln.
River Falls, WI 54022
Phone: 715-425-8289
E-mail: blueridge@pressenter.com

Come to the Country! We are the only grower in the St. Croix Valley that offers chemical-free blueberries, raspberries, currants and cherries. Since 1996, Blue Ridge Growers has been open to the general public as a u-pick operation on property overlooking the fertile Mann Valley in the St. Croix River Valley. The view and tranquility on this bluff near the St. Croix River makes the trip to Blue Ridge an adventurous and memorable activity for all ages.

Grower and Master Gardener Jill Barthen Berke also grows annual and perennial flowers. Bouquets, table and wall everlasting pieces are availalble at the annual HOLIDAYS at BLUE RIDGE, Oct. 28-Nov. 20, 2011 (Friday and Saturday, 9am-7pm; Sunday, 11am-5pm), in Jill's Cottage Barn & Studio. The work of over 25 artisans is featured in an atmosphere of festivity, country living, and wholesome fun. Paintings, garden sculpture, pottery, wearables, jewelry, wooden boxes, functional wares, soaps, preserves, everlastings and more!
. . . where the ridge turns blue in July and wild turkey roam!
Interns or volunteers welcome.
Find Blue Ridge Growers on Facebook.

Products available by:
Pick-your-own at orchard; u-pick blueberries and raspberries; pre-picked cherries. Hours of operation: u-pick generally open July 5 - Aug. 18, 7am-6:30pm (Tuesday-Saturday).

BULL BROOK KEEP

Sylvia Burgos Toftness & David Toftness
Cty. Rd. F & 50th Street
Black Brook Township, WI
Phone: 651-238-8525
E-mail: info@bullbrookkeep.com
Website: www.bullbrookkeep.com

Grass-fed and grass-finished beef, sold whole, halves or quarters. Pastured spring, summer and fall and on hay during the winter. Grass-based, no hormones, pesticides or herbicides used.

Products available by:
On-farm pick-up and pick-up sites to be determined each season.

BURNING RIVER FARM

Michael Noreen & Adrienne Logsdon
1125 Clam Falls Drive
Frederic, WI 54837
Phone: 715-653-2245
E-mail: farmer@burningriverfarm.com
Website: www.burningriverfarm.com

CSA Vegetable and egg shares available at Mill City Farmers' Market and local Wisconsin markets. Certified Naturally Grown. (Chemical-free methods—not USDA certified organic) Volunteers or interns welcome.

Products available by:
On farm pick-up (CSA shares only), delivery, pick-up sites, Mill City Farmers' Market, Balsam Lake Wis., and Cumberland, Wis., farmers' markets. Also River Market Co-op in Stillwater, Cafe Wren in Luck, Wis., and Natural Alternative Co-op in Luck, Wis.

CEDAR HILL FARM & GREENHOUSE

Bill Kelly
W10041 Hwy. 29
River Falls, WI 54022
Phone: 715-426-1831
E-mail: cedarhillgreenhouse@comcast.net
Website: www.cedarhillfarmandgreenhouse.com

Sweet corn, green beans, cucumbers, potatoes and tomatoes. Retail greenhouse carries annuals and perennials.
Find Cedar Hill Farm and Greenhouse on Facebook.

Products available by:
On-farm pick-up; River Falls Farmers' Market and Hudson Farmers' Market.

COMMON HARVEST FARM

Dan Guenthner & Margaret Pennings
212 280th St.
Osceola, WI 54020-4113
Phone: 715-294-2831
E-mail: commonharvestfarm@gmail.com

CSA produce farm: 40+ varieties, honey, fruit. Fall festival with cider pressing and horse-drawn hayrides.
Interns or volunteers welcome.

COMMUNITY HOMESTEAD

Contact: Christine Elmquist
501 280th St.
Osceola, WI 54020
Phone: 715-294-3038
E-mail:
christine.elmquist@communityhomestead.org
Website: www.communityhomestead.org

Certified organic vegetables, fruit, herbs and flowers; bread, cookies and muffins from organic ingredients; pickles, relish and jam from organic farm ingredients. This community also supports itself through farm based crafts and furniture making. Farm community center available for rent. Also ship our Grade A milk to Organic Valley. Certified organic by MOSA. This

is a nonprofit intentional community of 40 people, including those with developmental disabilities.
Interns or volunteers welcome.
Find Community Homestead on Facebook.

Products available by:
On-farm pick-up, delivery, CSA, direct to Organic Valley, Fine Acres Market in St. Croix Falls, Just Local Foods in Eau Claire, River Market in Stillwater, Osceola Farmers' Market, Millpond Park on Fridays in Osceola

DEMULLING FARMS

Lorin & Jen Demulling
466 240th St.
Osceola, WI 54020
Phone: 715-294-3742
E-mail: jen@demullingfarms.com
Website: www.demullingfarms.com

Asparagus, pick-your-own strawberries; also CSA shares—please see website for detailed information.
Find Demulling Farms on Facebook.

Products available by:
On-farm pick-up, delivery (wholesale) and CSA to dropsites listed; pick-up sites in Forest Lake, MN and Maplewood, MN.

DESPERATION ACRES ORGANIC DAIRY

Bruce Drinkman
3253 150th Ave.
Glenwood City, WI 54013
Phone: 715-265-4631

Organic dairy.

FARM SWEET FARM, LLC

Heather & Mark Flashinski
16294 250th St.
Cadott, WI 54727-5319
Phone: 715-289-4896
E-mail: info@farmsweetfarm.com
Website: www.farmsweetfarm.com

Grass-fed beef, pastured chicken, free range eggs.

Products available by:
On-farm pick-up and delivery

FOXTAIL FARM

Paul & Christina Burkhouse
124 280th St.
Osceola, WI 54020-4111
Phone: 715-294-1762
E-mail: foxtailcsa@yahoo.com

We grow 45 different vegetable and fruit crops on 18 acres, which we market mainly to our CSA. We also do a local farmers' market in Osceola, Wis., and contract to provide produce to the Emergency Food Network. We continue to follow chemical-free practices though we are no longer certified organic. In some ways we consider our way of farming more than organic. Interns or volunteers welcome.

Produce is available through our CSA and the Osceola, Wis., Farmers' Market on Fridays from 2pm to 6pm. In addition, some of our produce is available through the Emergency Food Network and the Fare for All program.

HARVEST HAVEN FARM

Jonathan & Sherry Johnson
N2591 County Road Vv
Hager City, WI 54014
Phone: 715-792-2163
E-mail: harvesthavenfarm@gmail.com
Website: www.localharvest.org/csa/M22268

CSA, herbs, grass-fed lamb, poultry and eggs. Chemical-free practices. Grass-fed and antibiotic free.

Products available by:
On-farm pick-up, CSA, Simple Abundance in Red Wing, MN.

HOG'S BACK FARM

David & Melinda Van Eeckhout
W8937 Moritz Lane
Arkansaw, WI 54721
Phone: 612-756-0690
E-mail: david@hogsbackfarm.com
Website: www.hogsbackfarm.com

Community Supported Agriculture (CSA) produce operation. Certified organic by MOSA.

JOHN LENARZ & SONYA GAMBREL-LENARZ

W3825 870th Ave.
Spring Valley, WI 54767-8306
Phone: 715-698-2277 or 715-778-5754
E-mail: john.lenarz@aamodtcompanies.com

Fresh and pickled vegetables; meat-smoking woods.

Products available by:
On-farm pick-up, Spring Valley Farmers' Market; call to request delivery

LITTLE HORSESHOE FARM

Vicki Brenna
243 140th Avenue
Turtle Lake, WI 54889
Phone: 715-986-2314
E-mail: mvbrenna@centurytel.net

Natural grass-fed, pastured poultry, pork, eggs and beef.

Products available by:
On-farm pick-up; some deliveries, call to order

LORI FOLEY FARM

Lori & Tom Foley
W1224 40th Ave.
Stockholm, WI 54769
Phone: 715-425-4811 or 651-380-6255

This farm is in third year transition from "Sustainable Intensive Agribuisiness" to goals of NAP. Income from high grade alfalfa sold as standing forage puchase agreements generate moderate cash flow. Vertebrate wildlife control planned with engineered market plot fencings. Pastures have been converted to paddocks managed for horses. Developing vegetable production; will be on-farm pick-up and roadside stand.

MAPLE LEAF ORCHARD

Mark & Sue Christopher
W3901 - 750th Ave.
Spring Valley, WI 54767
Phone: 715-778-5881
E-mail: maplelef@svtel.net
Website: www.mapleleaforchard.com

Apples, pears, plums, tart cherries, grapes, raspberries, blackberries, pumpkins, squash, maple syrup, honey, jellies, fruit butters and cider in the fall. In-shop bakery open weekends in fall, as well as PYO apples, grapes, raspberries and pumpkins. We heavily use integrated pest management practices.
Interns or volunteers welcome.

Products available by:
Downtown St. Paul Farmers' Market May-October; on-farm market store open 7 days a week, Labor day through Halloween, 10am-5pm, and Wednesdays and Saturdays in November and December.

MEADOWLARK HILL

Tom Rauch & Joyce Borgerding
W4627 Hwy. 29
Spring Valley, WI 54767
Phone: 715-778-5057
E-mail: rauchbor@svtel.net

Half or whole lambs, standard cuts or special orders. Farming practices include grass-fed, rotational grazing.

Products available by:
On-farm pick-up and delivery

MIDWEST SEA

Jud & Beth McCracken
552 245th Street
Osceola, WI 54020
Phone: 715-294-3961
E-mail: btesmar@yahoo.com

Fresh and dried mushrooms: shiitake or oyster (Gold, Grey and Italian).

Products available by:
Delivery, CSA, farmers' market

MIRASOL FARM

Casey McGee & Olga Trujillo
W10195 560th Ave.
River Falls, WI 54022-4960
Phone: 715-426-9750
E-mail: casey@mirasolfarm.com
Website: www.miralsolfarm.etsy.com

Chemical-free bath and body products handmade from organic butters, essential oils and botanicals grown on our farm. Soaps and lotions, herbal creams and balms, products for organic mamas and babies. Chemical-free but not certified organic.
Find Mirasol Farm on Facebook.

Products available by:
Delivery, online, and these retailers: Whole Earth Grocer, River Falls, Wis.; River Market, Stillwater, Minn.; Abode Gallery, Stockholm, Wis.; Mother Earth Gardens, Minneapolis, Minn.; Fleur de Lis Fresh Flowers, St. Paul, Minn.; MacRostie Art Center, Grand Rapids, Minn.; ECO, Duluth, Minn.; and Lu: Handmade Goodness, Superior, Wis.

NESBITT'S NURSERY

Leah Nesbitt-Miller
N4380 State Hwy. 35
Prescott, WI 54021
Phone: 715-760-0500 or 715-792-2676
E-mail: leah@nesbittsnursery.com
Website: www.nesbittsnursery.com

Apples, cider, produce (CSA), greenhouse/garden center, container grown trees, honey, syrup, pumpkins, bakery, coffee shop. Certified by Food Alliance Midwest. Interns or volunteers welcome.

Products available by:
On-farm pick-up; farm retail shop; Red Wing Farmers' Market, delivery to Twin Cities restaurants; wholesale pies to co-ops and natural food stores

NEW EARTH GARDENS

Dawn Kleinknecht & Nicole Bradford-Albert
302 State Road 35
River Falls, WI 54022
Phone: 612-203-9030
E-mail: perfectlypanache@yahoo.com
Website: www.newearthgardens@yahoo.com

NEW EARTH GARDENS is a family-owned garden combining our love of food and earth to bring you unusual varieties of time tested favorites. Our plants are lovingly started by seed in our charming greenhouse and feature many varieties from heirloom seeds. It is our goal to grow food that respects our earth and also respects your creative desire to try something new! We have enjoyed the success of a small family garden and now will make available to you the delicious produce we have fallen in love with. Heirloom tomatoes, peppers, cucumbers, beans, lettuce, sweet corn, squash and huckleberries! Naturally chemical free.
Interns or volunteers welcome.
Find New Earth Gardens on Facebook.

Products available by:
On-farm pick-up, and Hudson Farmers' Market on Carmichael in Hudson, Wis., Saturday mornings 9 am-1 pm, May-October

NORTH CREEK COMMUNITY FARM

Kate Stout
N14227 290th St.
Prairie Farm, WI 54762-9622
Phone: 715-455-1569
E-mail: N14227@gmail.com
Website: www.northcreekcommunityfarm.com

I have provided 150 families in the Twin Cities area with fresh, healthy produce for almost 20 years. Great farm events, fresh food and a farm to call your own. What could be better?
Interns or volunteers welcome.
Find North Creek Community Farm on Facebook.

Products available by:
CSA shares

OUT TO PASTURE BEEF

Vic & Mary Price
E13240 E. Hillsdale Dr.
Fall Creek, WI 54742
Phone: 715-877-3129
E-mail: theprices@outtopasturebeef.com
Website: www.outtopasturebeef.com

100% grass-fed Angus Beef. We offer eighth, quarter and half beef orders; we also offer periodic specials on ground beef bundles, roast bundles, etc. Our products are offered on our website. Farming practices: We are totally grass-based, antibiotic free and hormone free; our cattle have free choice minerals available year around. We practice low stress livestock handling. We also practice chemical-free agriculture, but are not certified organic.

Products available by:
On-farm pick-up, delivery, Festival Foods in Eau Claire, Wis., Festival Foods in Holmen, Wis., Festival Foods in Onalaska, Wis., Festival Foods in La Crosse, Wis.

PHILADELPHIA COMMUNITY FARM

Verna Kragnes
PO Box 668
599 280th Street
Osceola, WI 54020-0668
Phone: 715-294-4048
E-mail: pcomfarm@centurytel.net
Website: philadelphiacommunityfarm.org

CSA: spring shares from April 15 to June 1; summer shares from June 1 to September 31; fall shares from October 1 to December 15. We are applying for Demeter certification this year. Interns or volunteers welcome.

SILVER BISON RANCH & SHOP LLC

Loren Smeester
1954 50th Ave.
Baldwin, WI 54002
Phone: 715-684-2811 or 612-868-0138
Fax: 715-684-5733
E-mail: eathealthy@silverbison.com
Website: www.silverbison.com

Grass-fed bison steaks, roasts, burgers, sausages, jerky. Bison leather mocassins, gloves, billfolds, purses, pillows. Bison fur mittens, gloves, hats, coats. All natural soap. Dog bones, dog food. Books, jewelry and music. Farming practices include all-natural, open range raised bison, grass-fed, antibiotic and steroid free. No pesticides or herbicides. Interns or volunteers welcome.

Products available by:
On-farm pick-up and we sell to 25 restaurants in the Twin Cities and western Wisconsin. Call us for a restaurant location near you.

SPRING HILL COMMUNITY FARM

Michael Racette & Patty Wright
545 1 1/2 Ave.
Prairie Farm, WI 54762
Phone: 715-455-1319
E-mail: springhill@chibardun.net
Website: www.springhillcommunityfarm.com

CSA produce operation: vegetables, herbs; sugar bush for maple syrup, beehives. Interns or volunteers welcome.

Products available by:
CSA drop-sites in Twin Cities and Prairie Farm, Wis., area.

TINY PLANET PRODUCE

Andrea & Benjamin Hopper & July Rauls
1738 U.S. Hwy. 8
St. Croix Falls, WI 54024
Phone: 715-483-9895
E-mail: andrea@tinyplanetproduce.com
Website: www.tinyplanetproduce.com

We are located in the St. Croix River Valley on a 20-acre farm. You can find us at farmers' markets from May to October, or join our CSA. We offer full and single shares with options of home delivery, drop-site locations and on-farm pick-up. For more information about Tiny Planet Produce and a list of what we grow, visit our website at www.tinyplanetproduce.com. Certified Naturally Grown, always chemical free.

Products available by:
On-farm pick-up, delivery, pick-up sites in the Twin Cities, Kingfield Farmers' Market, St. Croix Falls Farmers' Market, Cafe Wren in Luck, Wis. Also: Memorial Day weekend Cafe

Wren's Annual Art and Plant Sale (May 27-30)—we grow a variety of bedding plants, veggie starts in soil blocks and hanging baskets. Our produce can be found in local restaurants in St. Croix Falls and Luck Wis., as well as at the Red Stag and Anodyne Coffee House in Minneapolis.

VANSOMEREN VEGETABLE GARDEN

Betty VanSomeren
2098 90th Avenue
Baldwin, WI 54002
Phone: 715-684-2662

All seasonal fresh garden produce—peas, rhubarb, beans, carrots, beets, lettuce varieties, potatoes, onions, cucumbers, tomatoes, squash, pumpkins, gourds, raspberries, apples and more.

Products available by:
On-farm pick-up at roadside stand, and farmers' markets

SOUTHWESTERN WISCONSIN

DEEP ROOTS COMMUNITY FARM, LLC

Ana & Andy Skemp
W 4406 County Rd. YY
La Crosse, WI 54601
Phone: 608-788-8576
E-mail: anaskemp@hotmail.com

100% grass-fed beef, vegetables, fruit, herbs, honey and flowers for farmers' market; horse boarding facility. We follow chemical-free guidelines, but are not certified organic yet. Interns or volunteers welcome.

Products available by:
On-farm pick-up (vegetables), St. Joe's Country Market Butcher Shop and Cameron Park Farmers' Market.

DEUTSCH FAMILY FARM

Alison & Jim Deutsch
N 50666 Hogstad Rd.
Osseo, WI 54758
Phone: 715-597-1815 or 507-272-7637
E-mail: ajdeutsch@gmail.com

Hay, chickens, Animal Welfare Approved pork. No subtherapeutic antibiotics used for animals, farmland is certified organic by MOSA Interns or volunteers welcome.

Products available by:
On-farm pick-up; pick-ups at Ledebuhr's or other local meat lockers; local delivery to Winona; Eau Claire Farmers' Market on Saturdays

DRIFTLESS ORGANICS

Josh & Noah Engel & Mike Lind
50561 Cty. Rd. B
Soldiers Grove, WI 54655
Phone: 608-624-3735
E-mail: csainfo@driftlessorganics.com
Website: www.driftlessorganics.com

Potatoes, a wide variety of other vegetables and fruits, sunflower oil, grass-fed beef. CSA; certified organic.

Products available by:
On-farm pick-up; Dane County Farmers' Market; CSA pick-up at Hamline-University, Eagan, Minnetonka, Seward; Mississippi Market, Seward Co-op, Wedge, Lakewinds, Valley Natural, Eastside Food Co-op, Linden Hills Co-ops; Whole Foods stores.

FOOTJOY FARM

Chad Forsberg
5512 Canine Road
Sparta, WI 54656
Phone: 608-272-3821
E-mail: footjoyfarm@yahoo.com

CSA; heirloom vegetables and organic produce. Interns or volunteers welcome.

Products available by:
CSA drop-off sites; delivery is available

INDECISION RIDGE FARM

Matt Urch & Sara Martinez
E5866 Weber Rd.
Viroqua, WI 54665-7749
Phone: 608-675-3766
E-mail: indecisionridge@gmail.com

100% grass-fed Galloway beef, pastured heritage breed pork, and Galloway breeding stock. Chemical-free but not certified organic.

Products available by:
On-farm pick-up, delivery, Viroqua Farmers' Market

KING'S HILL FARM

Joel & Jai Kellum
19370 County Road G
Mineral Point, WI 53565-8651
Phone: 608-776-8413
E-mail: jaikellum@gmail.com
Website: kingshillfarm.com

CSA, diversity in vegetables, berries, herbs, mushrooms, chicken, duck and goose eggs. Certified organic, free-range poultry, permaculture practices.
Interns or volunteers welcome. Find King's Hill Farm CSA & Market Garden on Facebook.

Products available by:
On-farm pick-up; delivery in Madison to Platteville; pick-up sites in southwest Wisconsin and Chicago area, Green City Market in Chicago, and Glenwood Sunday Market, Chicago

OLD OAK FAMILY FARM

Jerry & Connie Niedfeldt & Kyle Zenz
N6370 Niedfeldt Rd.
Bangor, WI 54614
Phone: 608-486-4205
E-mail: oldoakfamilyfarm@yahoo.com
Website: oldoakfamilyfarm.com

Our farm has been in the Niedfeldt family since 1906. We are certified organic through MOSA. We grow vegetables, fruits, herbs and flowers, and sell wild crops (harvested on our land) such as morel mushrooms, hickory nuts and blackberries. Our vegetable selection includes standards such as carrots, broccoli, lettuce, squash, and tomatoes, as well as less common items including okra, tomatillos, burdock roots, Brussels sprouts, ground cherries, plus many others. Available fruit varieties include apples, blueberries, raspberries, blackberries, pears and plums. We raise Hereford beef cattle, layer chickens and meat chickens. Our livestock is not certified organic, but they are antibiotic-free and fed no chemicals. Our chickens are cage-free, chemical-free, and antibiotic-free. Our Hereford beef cattle are grass-fed on our chemical-free pasture and hay, and antibiotic-free. We also have a Community Supported Agricutlure (CSA) program available to those wishing to support our farm through a weekly subscription program.
Interns or volunteers welcome.

Products available by:
On-farm pick-up, delivery, Friday nights weekly from May through October at the Cameron Park Market in La Crosse (5th St. and King). Direct orders are always welcome, and order sheets are available weekly online.

ONE SUN FARM & BAKERY

Dave & Erin Varney
S4374 Haugrud Hollow Rd.
La Farge, WI 54639
Phone: 608-637-6895
E-mail: onesunerin@hotmail.com
Website: www.onesunfarm.com

CSA; asparagus, raspberries, beef, permaculture farm, farm tours, on-farm dining, farm store with frozen pizza, grass-fed beef, produce, local honey/ maple syrup, special order bakery, beer, ice, firewood.
Interns or volunteers welcome.

Products available by:
On-farm pick-up; delivery to Viroqua, La Farge, co-ops and natural foods stores in Viroqua, La Crosse, Winona, Twin Cities

SUNCREST GARDENS LLC

Heather Secrist
S2257 Yaeger Dugway
Cochrane, WI 54622-8100
Phone: 608-626-2122
E-mail: heather@suncrestgardensfarm.com
Website: suncrestgardensfarm.com

CSA vegetables, wholesale salad greens, pastured goat meat, wood-fired pizzas, private parties, goat milk soap. Certified Naturally Grown.
Interns or volunteers welcome.

Products available by:
On-farm pick-up; Winona Farmers' Market; pick-up sites in Alma, Wis., and Winona, Minn.; Bluff Country Co-op

THRESHING TABLE FARM

Jody & Michael Lenz
2249 150th St.
Star Prairie, WI 54026
Phone: 715-248-7205
E-mail: threshingtablefarm@frontiernet.net
Website: www.threshingtablefarm.org

CSA: Wide variety of natural, sustainably-grown produce. We also work with other farmers to bring our members grass-fed beef, pasture raised chickens and strawberries. Farm fresh eggs and honey are also available in limited amounts.
Find Threshing Table Farm on Facebook.

Products available by:
Aside from picking shares up on the farm, we also have drop-sites in Hudson and Somerset.

WILD GOOSE FARM

John Thompson
57421 Rush Creek Road
Ferryville, WI 54628
Phone: 608-238-7510 or 608-675-3468

Vegetables, including onions, squash, ornamental corn, peppers, eggplant, melons, etc. Also: small grains. Farming practices include chemical-free methods. Expect organic certification in 2011.
Interns or volunteers welcome.

Products available by:
On-farm pick-up possible with appointment; delivery possible; Willy Street Co-op, West; and Middleton, WI.

WILDFLOWER SPRINGS FARM

Doug & Sharon Delling
S793 Norwegian Valley Rd.
Ontario, WI 54651-7517
Phone: 608-337-4236
E-mail: wildflowersprings@centurytel.net
Website: wildflowerspringsfarm.com

Grass-fed beef by wholes, halves or quarters. Grass-based, certified organic, managed intensive rotational grazing used.
Interns or volunteers welcome.

Products available by:
On-farm pick-up

RETAIL

NORTHEASTERN MINNESOTA

ANGRY TROUT CAFE

George Wilkes
PO Box 973
Grand Marais, MN 55604
Phone: 218-387-1265
E-mail: info@AngryTroutCafe.com
Website: www.angrytroutcafe.com

Feature local produce, local wild rice and lake trout.

CENTRAL MINNESOTA

CULINARY SEASONS

Nancy Johnson & Karen Daugherty
252 60th Ave. NE
Willmar, MN 56201-9195
Phone: 320-214-1331 or 320-235-5978
E-mail: aspenglowsetters@msn.com

Catering Service

WHOLE FARM CO-OP

33 2nd St. South
Long Prairie, MN 56347
Phone: 320-732-3023 or 877-203-5273
Fax: 320-732-0947
E-mail: whlefarm@earthlink.net
Website: www.wholefarmcoop.com

Meat, produce, dairy products, eggs, coffee, maple syrup, wild rice and more.
Interns or volunteers welcome.

Products available by:
Delivery to Alexandria, Brainerd, Duluth, St. Cloud, Twin Cities, Wadena

WESTERN MINNESOTA

FORGET ME NOT GREENHOUSE

Wes & Joyce Shepherd
1261 150th St.
Marietta, MN 56257
Phone: 507-277-5516

Bedding plants, perennials.

Products available by:
On-farm pick-up

POMME DE TERRE FOOD CO-OP

Patti Wente
613 Atlantic Ave.
Morris, MN 56267-1326
Phone: 320-589-4332
E-mail: manager@pdtfoods.org
Website: www.pdtfoods.org

Retail grocery, organic and Fair Trade foods, bulk local grains, ethnic foods, gluten-free and vegetarian foods, spices, local meat (lamb, chicken, pork), specialty cheeses, flax, eggs, honey, local soaps, candles and natural cleaning agents.
Interns or volunteers welcome.
Find Pomme De Terre Food Coop on Facebook.

Hours: Monday-Friday 9am-6pm,
Saturday 10am-4pm, Sunday noon-4pm

SOUTHEASTERN MINNESOTA

BLUFF COUNTRY CO-OP

121 W. Second St.
Winona, MN 55987
Phone: 507-452-1815
Fax: 507-457-0511
E-mail: bccgm@bluff.coop
Website: www.bluff.coop

Local, organic, natural foods and a grab-and-go deli.

LANESBORO LOCAL

207 Parkway Ave. N.
Lanesboro, MN 55949-9795
Phone: 507-875-2571
E-mail: info@lanesborolocal.org
Website: www.lanesborolocal.org

Fruits, vegetables and other specialty crops; meats, poultry, eggs, honey, wild edibles, farm and garden supplies and end products, locally crafted home goods, artisan goods and art. Our

members include restaurants, B & Bs, specialty businesses and numerous service providers, plus 5 area farmers' markets: Lanesboro, Preston, Chatfield, Spring Grove and Caledonia. Growers of responsibly raised small-scale crops. Practices vary by farmer and by product and include certified organic, grass-fed, non-GMO, free-range, non-rBGH. Please inquire by item at marketplace or contact our individual grower members directly.

Areas served includes southeast Minnesota, southwest Wisconsin, northeast Iowa, plus outlying areas for specialty items not produced in our more immediate locale.

Products available by:
Farmers' markets in Lanesboro, Preston, Chatfield, Spring Grove and Caledonia

TWIN CITIES AREA

BIRCHWOOD CAFÉ

Tracy Singleton
3311 East 25th Street
Minneapolis, MN 55406
Café: 612-722-4474
Office: 612-722-4325
E-mail: info@birchwoodcafe.com
Website: www.birchwoodcafe.com

Birchwood Café is a neighborhood family friendly café that sources local and sustainably raised products for our ever-changing, made-from-scatch menu. We serve breakfast, lunch and dinner 7-days-a-week, and brunch on Sundays. Our granola is available at Seward Co-op, the Wedge, East Side Co-op, Linden Hills Co-op and Mississippi Market.

CITY CENTER MARKET

Gayle Cupit
122 N. Buchanan St.
Cambridge, MN 55008
Phone: 763-689-4640
Fax: 763-689-2401
E-mail: gayle@citycentermarket.coop

City Center Market is a full-service, natural foods cooperative grocery store. We carry many food, cleaning and supplemental products, as well as personal care, books and more.

CLANCEY'S MEATS AND FISH

Kristin Tombers
4307 Upton Ave. S.
Minneapolis, MN 55416
Phone: 612-926-0222
E-mail: clanceysmeats@aol.com

Locally and sustainably raised meats, fish, eggs and dairy.

COMMON ROOTS CAFE

Danny Schwartzman
2558 Lyndale Ave. S.
Minneapolis, MN 55405
Phone: 612-871-2360
E-mail: info@commonrootscafe.com
Website: www.commonrootscafe.com

Restaurant serving good food made from scratch with local and organic ingredients.
Twin Cities Area

COOKS OF CROCUS HILL

Karl Benson
877 Grand Ave.
Saint Paul, MN 55105
651-228-1333
and
3925 West 50th St.
Edina, MN 55424
952-285-1903
E-mail: cookie@cooksofcrocushill.com
Website: www.cooksofcrocushill.com

Crop Share — heritage turkey, beef, buffalo, rabbits, pork, fruits and vegetables. Also value-products: jams, jelly, pickles and preserved lemons.
Find Cooks of Crocus Hill on Facebook.

CREMA CAFÉ — THE HOME OF SONNY'S ICE CREAM

Carrie Gustafson & Ron Siron
3403 Lyndale Avenue South
Minneapolis, MN 55408
Phone: 612-822-8189
Fax: 612-824-5418
E-mail: cgrspie@aol.com
Website: cremacafeminneapolis.com

Sonny's Ice cream and sorbet made on-site from natural and organic ingredients. Cafe serving food from local and organic ingredients.

HEARTLAND RESTAURANT & FARM DIRECT MARKET

Lenny Russo
289 E 5th St., #104
Saint Paul, MN 55101-1995
Phone: 651-699-3536
Fax: 651-699-3539
E-mail: heartland5@qwestoffice.net
Website: www.heartlandrestaurant.com

Restaurant and market featuring foods created from local and regional farms practicing sustainable agriculture and humane treatment of livestock. Market features house-made charcuterie and proprietary labeled foods.

Products available by:
On-site market; restaurant

LINDEN HILLS CO-OP

Allie Mentzer
3815 Sunnyside Ave.
Minneapolis, MN 55410-1353
Phone: 612-922-1159
E-mail: allie@lindenhillscoop.com
Website: www.lindenhills.coop

Natural foods co-op: organic, local and natural foods, grass-fed beef and dairy.

LUCIA'S RESTAURANT

Lucia Watson
1432 W. 31st St.
Minneapolis, MN 55408-2605
Phone: 612-825-1572
E-mail: info@lucias.com
Website: www.lucias.com

Restaurant that promotes locally produced food.

MISSISSIPPI MARKET NATURAL FOODS CO-OP

622 Selby Ave.
Saint Paul, MN 55104-6614
and
1500 West 7th St.
St. Paul, MN
Phone: 651-310-9499 or 651-690-0507
Fax: 651-310-9498
E-mail: info@msmarket.coop
Website: www.msmarket.coop

Certified organic retailer, local foods, sustainably raised meats, gluten-free options, full service deli.
Find Mississippi Market on Facebook.

RESTAURANT ALMA & BRASA ROTISSERIE

Restaurant Alma
Alex Roberts
528 University Ave. SE
Minneapolis, MN 55414-1716
Phone: 612-281-8746
Website: www.restaurantalma.com

Brasa
Alex Roberts
600 E. Hennepin Avenue
Minneapolis, MN 55414
Phone: 612-379-3030
and
777 Grand Avenue
St. Paul, MN 55105
651-224-1302
www.brasa.us

Restaurants that promote organic and locally produced food.

continued >

RIVER MARKET COMMUNITY CO-OP

Mead Stone, General Manager
Andre Bessette, Marketing & Membership
221 North Main Street, Suite 1
Stillwater, MN 55082
Phone: 651-439-0366
E-mail: gm@rivermarket.coop or
info@rivermarket.coop
Website: www.rivermarket.coop

River Market features fresh seasonal produce grown by farmers in the St. Croix Valley and surrounding regions. Local products can be found in all departments, including dairy, meats and bakery. River Market is a member of Twin Cities Natural Food Co-ops, Inc. River Market is also a drop-site for many CSA farms.

SEWARD CO-OP

2823 E. Franklin Ave.
Minneapolis, MN 55406-1127
Phone: 612-338-2465
Website: www.seward.coop

SIGNATURE CAFE & CATERING

Nathalie Johnson & Tony Parsons
130 Warwick St. SE
Minneapolis, MN 55414-3621
Phone: 612-378-0237
E-mail: cafesig@yahoo.com
Website: www.signaturecafe.net

TROTTER'S CAFE & BAKERY

Pat & Dick Trotter
232 N. Cleveland Ave.
Saint Paul, MN 55104
Phone: 651-645-8950
E-mail: trottersfour@usfamily.net
Website: trotterscafe.com

Restaurant that promotes locally produced foods, many organic. Everything made here from scratch.

NORTHWESTERN WISCONSIN

EUREKA FARMERS' MARKET

Contact: Linda Leef
2246 215th Ave.
St. Croix Falls, WI 54024
Phone: 715-566-2775
E-mail: linda_leef@msn.com

Produce, maple syrup, baked goods, crafts, and more. Fridays mid-May to mid-October, 2:30pm to 6:30pm. Located on state Hwy 87 and 210th Ave. in Eureka, WI, north of St. Croix Falls.
Interns or volunteers welcome.
Find Eureka Farmers' Market on Facebook.

JOIN US TODAY!

LAND STEWARDSHIP PROJECT

Creating Change from the Ground Up

The Land Stewardship Project is dedicated to creating transformational change in our food and farming system. LSP's work has a broad and deep impact, from new farmer training and local organizing, to federal policy and community based food system development. At the core of all of our work are the values of **stewardship, justice** and **democracy.**

The Land Stewardship Project's power comes from our members. LSP members are farmers, rural and urban people who are working together to build a food and farming system that cares for people and the land.

Find out more about LSP at:

Land Stewardship Project

LSPnow

web: **www.landstewardshipproject.org**

LSP offices

LEWISTON
180 East Main Street, PO Box 130
Lewiston, MN 55952
Phone (507) 523-3366

MINNEAPOLIS
821 East 35th Street,Suite 200
Minneapolis, MN 55407
Phone (612) 722-6377

MONTEVIDEO
301 State Road, Suite 2
Montevideo, MN 56265
Phone (320) 269-2105

LAND STEWARDSHIP PROJECT

www.landstewardshipproject.org