## Things to Consider BUY LOCAL

You could go crazy trying to make a carrot be all things to all people! Setting your sights on one or two features that are important to you now will quickly define who you buy what from and how. After all, not all "local" is created equal.

## IS IT IMPORTANT ...

...to know who my farmers are?

...that my farmers sell to me directly or is a distributor OK?

...whether there are hormones in my local meat and chemicals on my fruits & veggies?

...if meat is raised in a feedlot or on pasture?

...if this food is organic and/or sustainably raised? Does it need to be certified?

...whole animals; am I willing to place cut orders directly with a butcher to save money?

...if products come just from this region or within (you choose) miles?

...to save money by processing/preparing myself?

...that my farmers be paid in a timely manner? (by me or a distributor)

..."local" at any price (monetarily or farming-wise?)



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