

Join us for the 19<sup>th</sup> Annual  
**Fall Harvest Gathering for  
 Women in Sustainable Agriculture**

November 9-11 2018 (Fri. Sat. Sun.)

Whalan, Minnesota

\$135 includes lodging/\$120 early-bird registration

(This is a bring your own food and beverages setting-details below)

**Empowering Women in Sustainable Agriculture**

*Presented by Kay Wold*

In times when the “winds” seem to be prevailing from different directions, we may find ourselves struggling for inspiration to fuel all that we hope to achieve. This Fall Harvest Gathering is the perfect place to share, reflect, and reenergize. Kay will lead us in exploring resilience and discovering resources within the group.

Kay believes that members in a group have all that is necessary to meet the needs of the group. Women are good at finding fresh ways to solve puzzles. We call forth unacknowledged resourcefulness of each other. Come join this weekend of reconnecting with resilience that will empower women in sustainable agriculture!

**Kaye Wold** is a nurse turned pastor based in Lanesboro who continues to do pulpit supply, lead an ecumenical women’s Bible study and enjoys participating in Community Theater.

**Virtual Farm Tours** presented by **Sarah Mann** and **Lillian Otieno** (see page 3 for bios)

**Fall Gathering Schedule at Cedar Valley Resort**

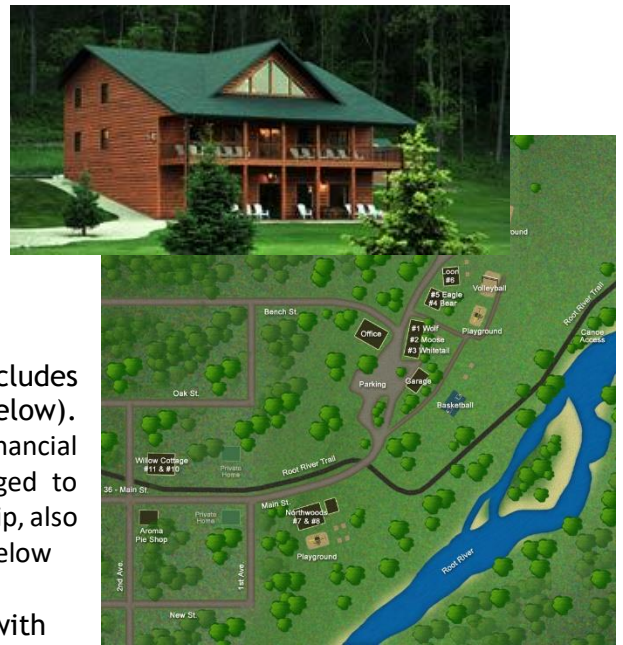
<b>Friday, November 9<sup>th</sup></b>	
5 to 7:30 pm	Fall Gathering registration and supper
7:30	Welcome, opening circle and introductions
<b>Saturday, November 10<sup>th</sup></b>	
8:30 am	Welcome, announcements, new introductions
9am	Virtual tour
10:30 am	Presentation by Kay
12:00 pm	Potluck Lunch, conversation, recreation
2:30 pm	Virtual tour
3:30 pm	Presentation by Kay
5:30 pm	Break and meal prep
6 pm	Supper
7:30 pm	Reflections on Kay's presentation, last year's presentation & any other concerns
8 pm	Bonfire and music
<b>Sunday, November 11<sup>th</sup></b>	
8:30 to 9:30	Wrap up, evaluation, closing, silent auction

# All women are welcome!

Some of us farm and some of us are sustainable agriculture advocates and friends, but we all enjoy sharing and learning from each other at the annual Fall Harvest Gathering for Women in Sustainable Agriculture.

November 9,10,11 2018

Cedar Valley Resort in Whalan, MN.



**Registration:** \$120 in advance, \$135 after November 3. Includes lodging and some meals (see 'Food' below). **Scholarships** to cover registration are available on a limited basis. Financial need and first time attendees are given priority, all are encouraged to apply. Please write a short email explaining why you want a scholarship, also include full contact information. Send to: Bonnie, find contact info below

**Lodging:** We will be sharing several large, modern cabins with multiple bedrooms at Cedar Valley Resort (<http://cedarvalleyresort.com/>). To keep costs low, we ask that you share rooms. Please let us know on the registration form if you know who you'd like to share a room with.

**Food:** Conference organizers and participants bring in all food and beverages for the weekend. Cabins have kitchen facilities. Feel free to bring your own favorite foods and beverages for breakfasts and Saturday lunch. Saturday dinner is a potluck. Please bring soups and stews, breads, cheese, desserts, drinks and other foods to pass. Light snacks, breakfast offerings, and Friday chili dinner are provided.

**Activities:** Cedar Valley is on the Root River and provides access to trails and boat landings for hiking, canoeing, or fishing.

**Silent Auction:** Please bring a donation for the silent auction. The proceeds are used to help offset speaker costs, for scholarships to the gathering, and to help pay the deposit for next year's gathering.

**Music:** We will have music Saturday evening, as well as other times, and encourage you to bring your instrument, singing voice and favorite songs!

**New this year:** participants can let each other know what they have to sell, and bring orders to the retreat. This way we can support each others efforts, as well as avoid the annual regret of "I wish I'd known about this ahead of time."

Make checks payable to 'Melissa Driscoll' and fill out form below. Mail check and registration form to Bonnie Haugen, 12620 Deer Road, Canton, MN 55922. We are unable to take credit card payments—sorry! For more info, contact Bonnie at [bonnie.haugen@gmail.com](mailto:bonnie.haugen@gmail.com) or 507-421-7170

Name: \_\_\_\_\_

Organization or Farm Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Amount enclosed: Early registration (\$120) \_\_\_\_\_ Late/walk-in- after Nov. 6 (\$135) \_\_\_\_\_

Saturday only (\$80) \_\_\_\_\_ Donation to program/scholarships \_\_\_\_\_

I want to share a room with (if known): \_\_\_\_\_

*We will be sending out a confirmation letter to registrants a few days before the gathering*

**Kay Wold**, graduated from St Olaf College with a B.S. in Nursing. She worked as a nurse in Minneapolis, Zumbrota and Harmony Minnesota with large times off to raise a family of three. In 2003, at the age of 60, she graduated from Wartburg Theological Seminary. While serving her first Call in Corwith, Iowa she met Jan Libbey and enjoyed vegetables as a member of Jan's CSA. Kay says, "My late husband, Keith, was a veterinarian who took a keen interest in his father's Angus cattle. He converted the land from row crops to pasture. Now the cattle are entirely grass fed. Keith's love for the land has certainly rubbed off on me." Kay also notes, "I like a challenge and discovered this summer that when someone says you can do something, it just might be true. That's how I got the role of Mrs. Paroo in "The Music Man". It was great fun playing with an Irish brogue. I'm thinking that this role in the Fall Gathering might be fun too!"

**Sarah Mann** is a first generation farmer and owner operator of Sweet 16 Farm in Houston, MN. After 3 years of vegetable farming, Sarah made the decision to transition Sweet 16 Farm into full cut flower production- she just completed her first year. Sarah also hosts a variety of on farm events each year at Sweet 16 farm including vegetables and herb starter plant sale in May and Hop Harvest Festival in August which is how she harvests her 1/3-hop yard. This was a big year in farming for Sarah, not just in the transition from vegetables to flowers, but also in adjusting to her new role as solo farmer and single-mom to her 3-year old son. Sarah is determined and resilient but also exhausted and heartbroken. She hopes that sharing her story will strengthen her resolve and inspire others to follow their farm dreams.

**Lillian Otieno** –Lillian currently works for the Minnesota Department of Agriculture's Produce Safety Program in Northfield MN. The Food Safety Modernization Act (FSMA) - Produce Safety Rule is new to farmers, therefore the MDA's Produce Safety Program is committed to providing education and training to MN produce growers before and after we regulate.

A key part of her responsibilities include building relationships with partners and stakeholders who work with MN farmers to collaborate on education, training, technical assistance and outreach to the diverse MN farming community. These relationships are valuable to the success of both the program and our MN produce growers - accessing resources they need to understand and comply with the rule.

Lillian was born and raised in Kenya for most of her childhood. She attended college in Switzerland, majoring in International Political Studies – International Relations and later on attended Argosy University in MN, where she earned a Master's in Public Health MPH. She has worked in the food safety industry for several years both in retail and manufacturing. Lillian has lived in MN for the past 23 years. She has two lovely daughters, PJ and Zoe who keep her engaged. Her parents and siblings are in Kenya, and she visits when she can, most recently this summer. Her parents have "farms"/"gardens" where they raise farm animals and grow produce both for their own consumption, share with relatives/ friends, and for sale. There are lots of similarities and lots of differences between farming/growing produce in Kenya and the US. There are also cultural differences in how farm work is perceived and approached in the rural areas in Kenya and Minnesota. Lillian is happy to share her experiences at the Fall Women's Gathering.

#### **How to get there**

Directions to Cedar Valley Resort (near Lanesboro, MN):

Go to <http://www.cedarvalleyresort.com/map.htm> for a map.

#### **From Lanesboro:**

**4 miles down Highway 16 East from Lanesboro. Turn left off Highway 16, cross the bridge into Whalan. Go straight ahead 5 blocks (no turns) the road dead ends at the resort**

#### **From the Twin Cities:**

- 1. Follow Hwy 52 all the way to Fountain**
- 2. At Fountain take a left on County Rd #8 east to Lanesboro**
- 3. At Parkway (Stop sign) take a right for approx. 5 blocks to stop sign.**
- 4. Take a left on Hwy #16 East 4 miles to Whalan.**
- 5. Turn left off Highway 16, cross bridge into Whalan and go straight ahead 5 blocks, the road dead ends at our resort. (On Main Street)**

#### **From Iowa:**

- 1. Take I -35 to Albert Lea**
- 2. Take I-90 East at Albert Lea past Austin to Dexter and Hwy 16 exit.**
- 3. Just before Preston you'll come to a stop sign ( intersection of Hwy 16 & 52)**
- 4. Take a right at stop sign and continue east on Hwys 16 & 52 through Preston**
- 5. About 2 miles out of Preston Hwy 16 & 52 split at John Deere Implement.**
- 6. Stay on Hwy 16 east (angles to left before John Deere) toward Lanesboro.**
- 7. Stay on Hwy 16 east through Lanesboro. Whalan will be 4 miles past Lanesboro.**
- 8. Turn left off Hwy 16, cross bridge into Whalan and go straight ahead 5 blocks, the road dead ends at our resort.(On Main Street)**