# 2019 FARMER-TO-FARMER CONSULTANTS

#### **TOM COTTER**



Austin, MN beef cattle, row crops, sweet corn, cover crop champion, 8 years of intensive cover cropping (plus another 12 years of "playing

around" with cover crops, interseeding cover crops into corn, cover crop grazing, transitioning some land to organic.

#### **CHUCK HENRY**

Dover, MN Intensive dairy grazing for 20 years, all-grass, organic dairy since 2012, double crops small grains with sorghum sudan and other forage and cover crop options.



#### **MARTIN LARSEN**



Byron, MN Four years no-till plus cover cropping have produced excellent results on Martin's farm. Also works closely with farmers at Olmsted County SWCD.

#### Jon Luhman



Goodhue, MN More than 20 years experience with management-intensive grazing of both beef and dairy cattle. Luhman focuses on building soil with livestock, raises beef

on an all-forage diet, grazes multispecies cover crops deep into fall/winter. Also raises certified organic crops since 2001.

TO REQUEST A FARMER-TO-FARMER CONSULTATION, CONTACT LIANA NICHOLS AT THE LAND STEWARDSHIP PROJECT IN LEWISTON, MN: 507-523-3366 OR LNICHOLS@LANDSTEWARDSHIPPROJECT.ORG

#### **DARYN McGowan**



Hayfield, MN 18 years rotational grazing dairy, reduced fed grains, feed costs and veterinary bills, cutting fuel costs and improving soil through no-till planting.

#### MIKE RUPPRECHT



Lewiston, MN Nearly 30 years experience with intensive rotational grazing, raising 100% grass-fed beef and organic free-range chicken sold direct to

customers, as well as organic oats, corn, and beans.

#### **MYRON SYLLING**

Spring Grove, MN Corn, soybeans and cover crops. 20 years of no-till plus six years of cover cropping has produced significant organic matter improvement and yield increases without additional fertilizer expense. Author of no-till & cover crop fact sheets.



LAND STEWARDSHIP PROJECT

## MORE ON FARMER-TO-FARMER CONSULTING...

How does this work? Want to do a consultation on the phone? Yes, that's a possibility. Want to have the consultation on your farm? For sure. Want to meet the farmer-consultant at the local café? That can work. Want to visit the farmer-consultant's farm? Yes, that can be set-up too.

To request a farmer-to-farmer consultation, contact Liana Nichols at the Land Stewardship Project in Lewiston, MN 507-523-3366 or e-mail lnichols@landstewardshipproject.org. Let us know what you are hoping to learn from one of the consulting farmers and some background on your farming operation. Then we'll match you with a consulting farmer who can give you the information and experience you're looking for.

2019 Fees: Phone call - \$40 per hour (no charge for initial 20 min call) Farm visit or café meeting - \$40 per hour (1 to 2 hour visit recommended)



### SOMETIMES WE ALL NEED A BIT OF HELP AND COACHING . . .

A growing number of Midwestern crop and livestock farmers are interested in maximizing soil health, aiming to increase soil organic matter and microbiology, improve water infiltration, stop erosion, sink carbon into the soil, reduce input expenses and increase profits and vields.

A short conversation with an experienced farmer, either in person or on the phone, can save a lot of time and money. It can help your decision-making process and clarify your next steps in making the on-farm changes you want to make.

# CAN WE RE-BUILD THE NATURAL PRODUCTIVITY OF THE SOIL, AND IN DOING SO, IMPROVE THE VIABILITY OF **OUR FARMS?**

The Land Stewardship Project has recruited seven skilled southeast Minnesota farmers devoted to soil health, and willing to share their experience. These farmer-consultants' time is valuable. They'll be paid for their time, both on the phone and in personal visits. Of course, their own farms and families are their top priority. But when available, they're ready to help others take the next step to building soil health.



Lewiston, MN 55952 180 East Main Street

Address Service Requested

# Southeast Minnesota Consultation

Permit No. 19

Nonprofit Or