



COVER CROPS, NO-TILL, AND GRAZING

EVALUATING THE ECONOMICS AND FIRST STEPS TO IMPROVING SOIL HEALTH

WITH MIDWEST FARMERS

[*DAWN AND GRANT BREITKREUTZ *TOM COTTER *MYRON SYLLING]

\$15/person (\$10/additional farm partner, \$30/family), includes lunch featuring local foods

“As a farmer who has read about and studied the principles of soil health, my biggest questions revolve around how to implement those principles in a realistic way on my own farm. That's where Grant and Dawn come in. They've been experimenting with soil health methods for years, and they talk about those experiences in a way that is honest, direct, and relevant to farmers who want to get started down the road to soil health on the right foot.” — Mike Seifert, No-Till Crop Farmer, Jordan, MN

JANUARY 29, 10AM-3PM

Registration begins at 9:30am

**Peace United Methodist Church
52497 275th Avenue
Elgin, Minnesota**

JANUARY 30, 10AM-3PM

Registration begins at 9:30am

**Ridgeway Community Center
690 County Street
Ridgeway, Iowa**

Includes farm panel with N.E. Iowa farmers Mark & Ethan Imoehl, Jerome Fulsas, Parker Beard, and John Lubke.

RSVP by January 27th to LSP's Liana Nichols at 507-523-3366 or lnichols@landstewardshipproject.org

For the Ridgeway, Iowa workshop, you can also RSVP to 563-382-4352 (ext. 3).



**LAND
STEWARDSHIP
PROJECT**

180 East Main Street
Lewiston, MN 55952

Workshops will Highlight

*Farmer-to-farmer learning *Getting started with cover crops *No-till cost savings *Grazing considerations *Info for conventional and organic farmers

Nonprofit Org

US Postage

PAID

Lewiston, MN 55952

Permit No. 19

**Soil Health Workshops
10 am—3 pm
January 29 in Elgin, MN
January 30 in Ridgeway, IA**



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In their 20+ years of farming in Redwood Falls, MN, **Grant & Dawn Breitkreutz** have made great strides toward regenerating their soils and improving farm health through no-till row cropping, intensive rotational grazing, and diversified cover cropping. The Breitkreutzes have built a solid relationship with MN DNR land managers and graze their cattle across state land, rain or shine. Dawn and Grant have earned widespread recognition for their on-farm learning and innovation. They believe that soil health and regenerative agriculture should not be considered an expense—everything they do on their land has an economic return plus a soil health benefit.



Tom Cotter's family has been farming in Austin, MN for 140 years, using cover crops for the past 20 years. In 2016, Tom and his late father, Michael, were awarded the Outstanding Conservationists Award by the Mower County SWCD. In 2017, Tom was honored as a National Wildlife Federation Cover Crop Champion. The Cotter Farm is diverse with fields of no-till & strip-till conventional corn and soybeans, sweet corn, and peas as well as some land being transitioned to organic. They raise beef cattle, grow diverse cover crop mixes (including warm season cover crops), graze cover crops, and interseed into standing corn. Tom's farming practices have led to increased yields and income from the same amount of land while also improving the quality of his soils, livestock, and crops.

Myron Sylling farms with his father and brother in Spring Grove, MN. He is a long-time cash grain farmer who has been no-till for over 20 years and using cover crops intensively for the past seven years. When he began transitioning to no-till, Myron originally saw no yield difference compared to his neighbors' conventional tillage programs, but now is seeing up to a 20-bushel yield advantage as a result of his no-till and cover cropping system.



JANUARY 30 RIDGEWAY, IOWA WORKSHOP WILL INCLUDE NORTHEAST IOWA FARM PANELISTS:

Jerome Fulsaa—corn, beans, and cattle, no-till for 20 years and cover crops for 10 years, experimenting with cover crop mixes, interseeding, and grazing cover crops. **Mark and Ethan Imoehl**—corn and beans, no-till since the 90s, cover crops for 5 years, experimenting with cover crop mixes, and seeding methods, rates, and timing. **John Lubke**—organic and conventional crops (corn, beans, hay), no-till for 5 years, have seen huge benefits of cover cropping and are working to expand cover crop acreage in the future. **Parker Beard**—grazing organic dairy and beef cattle, organic crops, hay and pasture.

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